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OPTICAL RECORDING MEDIUM AND RECORDING METHOD THEREOF

ABSTRACT OF THE DISCLOSURE

A novel recording medium capable of realizing high density, reliability in a recording/reproducing operation and facilitating the process which is performed by a drive apparatus is provided.

An amplitude amount of wobbling of a track is made to be 10 nm to 15 nm and a track pitch of the track is made 0.74 μm to 0.82 μm. The determined values enable large-capacity recording to be realized and the recording/reproducing performance to be prevented from being deteriorated. As administration information, recommended information for a recording/reproducing operation at an inner peripheral position and an outer peripheral position is recorded. The size of data in a linking section is made to be the same as the sector for constituting a data block.

Figure 2

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