

ABSTRACT

Embodiments of this application disclose a communication method and an apparatus. The method includes: A network device sends, to a terminal device that is in an RRC connected state, first information that indicates the terminal device to receive a multicast service in an RRC non-
5 connected state. The terminal device enters the RRC non-connected state, and receives, in the RRC non-connected state, the multicast service via a serving cell of the terminal device in the RRC connected state. This can avoid multicast service interruption caused by a serving cell change due to an RRC state change, to improve continuity of the multicast service.