

Figure 1:

Ingredient	Amount per daily dose
Myo-inositol	4g
Vitamin D	10 µg
Vitamin B6	2.6 mg
Vitamin B12	5.2 µg
Vitamin B2	1.8 mg
Zinc	10 mg
β-carotene	720 µg
Folic acid	400 µg
Iron	12 µg
Calcium	150 µg
Iodine	150 µg
Lactobacillus rhamnosus GG ¹⁾	1x10 ⁹ cfu
Bifidobacterium lactis BB12 ²⁾	1x10 ⁹ cfu

Figure 2:

	<i>Control (n=280)</i>	<i>Intervention (n=278)</i>	<i>Basic model OR (95% CI)</i>	<i>Adjusted model OR (95% CI) (N=511 with full dataset)</i>
All Pre-labour ROM (preterm and term- onset) (PROM) (n=110)	61/280 (21.8%)	49/278 (17.6%)	0.83 (0.59, 1.15)	0.90 (0.64, 1.28)
Preterm-onset Pre- labour ROM (PPROM) (n=26)	18/280 (6.4%)	8/278 (2.9%)	0.44 (0.20, 1.00)	0.39 (0.16, 0.96)

Figure 2bis:

	<i>Control (n=280)</i>	<i>Intervention (n=277)</i>	<i>Basic model OR (95% CI)</i>	<i>Adjusted model OR (95% CI) (N=508 with full dataset)</i>
All Pre-labour ROM (preterm and at term) (PROM) (n=110)	61/280 (21.8%)	49/277 (17.7%)	0.83 (0.60, 1.16)	0.93 (0.65, 1.32)
Preterm Pre-labour ROM (PPROM) (n=26)	18/280 (6.4%)	8/277 (2.9%)	0.44 (0.20, 1.00)	0.43 (0.17, 1.06)

Figure 3:

	<i>Control</i>	<i>Intervention</i>	<i>Basic model</i> <i>OR (95% CI)</i>	<i>Adjusted model</i> <i>OR (95% CI)</i> <i>(N=511 with full dataset)</i>
Preterm-onset PROM and preterm delivery (<37w) (n=21)	16/280 (5.7%)	5/278 (1.8%)	0.32 (0.12, 0.85)	0.21 (0.07, 0.67)

Figure 3bis:

	<i>Control</i>	<i>Intervention</i>	<i>Basic model</i> <i>OR (95% CI)</i>	<i>Adjusted model</i> <i>OR (95% CI)</i> <i>(N=508 with full dataset)</i>
Preterm-onset PROM and preterm delivery (<37w) (n=21)	16/280 (5.7%)	5/277 (1.8%)	0.32 (0.12, 0.85)	0.23 (0.07 to 0.74; N=508)