

Title of Invention: TRAINING SYSTEM AND TRAINING PROGRAM

ABSTRACT

A training system is movable to a training site for enabling
5 training, and includes at least one training equipment unit (4-1,
4-2, 4-3, 4-4, 4-5, 4-6); and a base unit (6, 6W, 6X) including
an installation portion (14) for installing the training equipment
unit, the training equipment unit being attachable to and detachable
from the installation portion, at least one extension base unit
10 (8) being couplable to a peripheral edge portion. During training,
at least the training equipment unit is attachable to and detachable
from the base unit installed at the training site.

FIG. 1

15