CLAIMS

1. A method of video coding implemented in a decoding device or an encoding device, the method comprising:

obtaining a pair of initial motion vectors for a current block;

obtaining two first prediction blocks for the current block based on the pair of initial motion vectors;

calculating a first matching cost according to the two first prediction blocks;

obtaining a pair of refined motion vectors and a second matching cost corresponding to the pair of refined motion vectors;

obtaining two second prediction blocks for the current block according to the pair of refined motion vectors;

determining whether an optical flow refinement process should be performed or not, according to at least one preset condition, the at least one preset condition comprising a condition of whether the second matching cost is less than a threshold;

performing an optical flow refinement process for obtaining a final inter prediction for the current block, when it is determined that the second matching cost is not less than the threshold; when it is determined that the optical flow refinement process should not be performed, the final inter prediction is obtained by a weighted sum of the two second prediction blocks.

2. The method of claim 1, wherein the at least one preset condition comprises the condition that the current block is allowed to be predicted by decoder-side motion vector refinement.

3. The method of claim 1, wherein it is determined that the optical flow refinement process should be performed, when it is determined that all of the at least one preset

conditions are fulfilled.

4. The method of claim 1, wherein the first predictions for the sample value in the current block are obtained based on a first interpolation filter.

5. The method of claim 4, wherein the first interpolation filter is a bilinear interpolation filter.

6. The method of claim 1, wherein the two second prediction blocks for the current block are obtained according to a second interpolation filter.

7. The method of claim 6, wherein the second interpolation filter is a 6-tap or 8-tap interpolation filter.

8. The method of claim 1, wherein the threshold value is obtained according to the size of the current block.

9. The method of claim 1, wherein the current block is a coding block or a sub-block.

10. The method of claim 1, further comprising generating an inter prediction block comprising the final inter prediction for the current block.

11. An encoder comprising processing circuitry for carrying out the method according to any one of claims 1 to 10.

12. A decoder comprising processing circuitry for carrying out the method according to

any one of claims 1 to 10.

13. A computer program being stored in a computer-readable storage medium, wherein the computer program comprises a program code for performing the method according to any one of claims 1 to 10.