

SOLID FOOD AND SOLID MILK

ABSTRACT

Provided are a solid food and a solid milk that can prevent a product from being damaged when the product is dropped to improve transportation suitability. The solid food is a solid food having a solid form obtained by compression-molding a powder, the solid food including a body 10 having a first face 10A and a second face 10B facing each other back to back. The body 10 is provided with at least one hole 11 penetrating the body 10 from the first face 10A to reach to the second face 10B, and each of the first face 10A, the second face 10B, and an inner surface 11A of the hole 11 is an outer surface harder than an inner part of the body 10.

[FIG. 1]