

ABSTRACT

A vacuum thermal insulator according to the present invention includes a core and an enclosure containing the core and having a depressurized inside. The enclosure includes a main body portion containing the core and a peripheral portion in which the core is not disposed. The peripheral portion is folded over the main body portion, and has a fixed portion that is fixed to the main body portion and an unfixed portion that is not fixed to the main body portion. Such a configuration can inhibit accumulation of air between the peripheral portion and the main body portion, thus preventing, for example, a refrigerator including the vacuum thermal insulator from being deformed due to, for example, the expansion of air.