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(71) Applicant *(for all designated States except US)*: **DOMANTIS LIMITED** [GB/GB]; 315 Cambridge Science Park, Cambridge CB4 0WG (GB).

(72) Inventors; and

(75) Inventors/Applicants *(for US only)*: **BREWIS, Neil, D.** [GB/GB]; 315 Cambridge Science Park, Cambridge CB4 0WG (GB). **WOOLVEN, Benjamin, P.** [GB/GB]; 315 Cambridge Science Park, Cambridge CB4 0WG (GB). **HOLMES, Steve** [GB/GB]; 315 Cambridge Science Park, Cambridge CB4 0WG (GB). **TOMLINSON, Ian, M.** [GB/GB]; 315 Cambridge Science Park, Cambridge CB4 0WG (GB). **LEE, Jennifer** [GB/GB]; 315 Cambridge Science Park, Cambridge CB4 0WG (GB). **ENEVER, Carolyn** [GB/GB]; 315 Cambridge Science Park, Cambridge CB4 0WG (GB). **BASRAN, Amrik** [GB/GB]; 315 Cambridge Science Park, Cambridge CB4 0WG (GB). **JONES, Kate** [GB/GB]; 315 Cambridge Science Park, Cambridge CB4 0WG (GB). **WILDT, Ruud de** [NL/GB]; 315 Cambridge Science Park, Cambridge CB4 0WG (GB). **TUNA, Mihriban** [TR/GB]; 315 Cambridge Science Park, Cambridge CB4 0WG (GB).

(74) Agents: **LOCK, Graham, James** et al.; Fry Heath & Spence LLP, The Gables, Massetts Road,, Horley, Surrey RH6 7DQ (GB).

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(54) **Title:** ANTAGONISTS AND METHODS OF USE THREFOR

(57) **Abstract:** The invention provides methods for treating inflammatory diseases (e.g., chronic inflammatory diseases) comprising administering an antagonist of Tumor Necrosis Factor Receptor 1. The invention also provides ligands that contain an immunoglobulin single variable domain (domain antibody, dAb) monomer that binds Tumor Necrosis Factor Receptor 1, and methods of using the ligands. Also provided are nucleic acids encoding the ligands, recombinant host cells and methods for preparing the ligands.

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