

## SOY MILK FERMENTATION PRODUCT AND METHOD FOR PRODUCING SAME

### ABSTRACT

The invention provides a method for producing a soy milk fermentation product, comprising an enzyme treatment step of hydrolyzing soy milk with a peptide bond hydrolase to obtain a fermentation substrate, and a  
5 fermentation step of fermenting the fermentation substrate with lactic acid bacteria belonging to *Lactobacillus brevis* to obtain a fermentation product.