

ABSTRACT

An object of the present invention is to provide an obesity-suppressing composition that suppresses fat accumulation in adipocytes and that has an effect of suppressing body weight
5 gain.

The present invention provides an obesity-suppressing composition comprising the following components (A) and (B):

(A) at least one member selected from the group consisting of oleuropein and hydroxytyrosol;

10 (B) at least one member selected from the group consisting of sulforaphane compounds and willow extract.