What is claimed is:

1. A method for determining a number of monitoring, applied to a terminal, comprising:

according to a predefined rule or indication information of a network side, determining a first cell from multiple cells, and for the first cell, counting a number of monitored physical downlink control channel (PDCCH) candidates and/or a number of non-overlapping control channel elements (CCEs) carrying first downlink control information (DCI), the first DCI scheduling physical downlink shared channel (PDSCH) and/or physical uplink shared channel (PUSCH) in the multiple cells.

2. The method according to claim 1, wherein the first cell is a cell where the terminal detects the first DCI.

3. The method according to claim1 or 2, further comprising:

for a second cell, not counting the number of monitored PDCCH candidates and/or a number of non-overlapping CCEs carrying the first DCI, and the second cell is a cell among the multiple cells excepting the first cell.

4. A terminal, comprising:

a counting unit, configured to, according to a predefined rule or indication information of a network side, determine a first cell from multiple cells, and for the first cell, count a number of monitored physical downlink control channel (PDCCH) candidates and/or a number of non-overlapping control channel elements (CCEs) carrying first downlink control information (DCI), the first DCI scheduling physical downlink shared channel (PDSCH) and/or physical uplink shared channel (PUSCH) in the multiple cells.

5. A terminal, comprising: a processor, a memory and a communication bus; wherein the processor is configured to execute a running program stored in the memory to perform the method according to any one of claims 1 to 3.

6. A storage medium, storing a computer program, wherein the computer program is executed by a processor to perform the method according to any one of claims 1 to 3.