Claims

1. A table including:

a table top having one or more supports;

one or more table leaves, moveable between first and second positions relative to the table top; and

one or more pairs of complementary guide members operatively linking the or each table leaf to the table top and located within the or each table leaf and the table top;

their arrangement being such that the plane defined by the upper surface of the or each table leaf remains the same as it/they move(s) from the first to the second position and the distance separating the or each leaf from the table top during the movement remains substantially the same; and

wherein the upper surface of the or each table leaf in its normal attitude of operation lies in the same plane as the upper surface of the table top in either the first or second position.

2. The table as claimed in claim 1, wherein the or each pair of complementary guide member includes:

a first member in the form of a roller adapted to be fitted to one of the table top or the leaf; and

a second member in the form of a track adapted to receive the roller, the track being adapted to be fitted to the other of the table top or the leaf.

3. The table as claimed in claim 2, wherein the roller includes a pair of wheels linked by an axle and the track is a pair of parallel linear tracks each adapted to receive opposing wheels of the roller.

4. The table as claimed in claim 3, wherein opposing ends of the axle are connected to opposing sides of a frame, the frame being so adapted as to be connectable to either a leaf or the table top.

5. The table as claimed in claim 4, wherein the frame further includes one or more roller wheels possessing a parallel axis of rotation to the or each roller axis of rotation, the axis of

rotation of the or each roller wheel not being within the same plane as (or otherwise 'off-set' from) the or each roller.

6. The table as claimed in any one of the preceding claims, wherein only one pair of complementary guide members operatively connects a single leaf and the table top.

7. The table as claimed in any one of the preceding claims, wherein the or each complementary guide member includes at least a pair of rollers.

8. The table as claimed in claim 7, wherein two pairs of spaced apart rollers are used and lie in the same plane.

9. The table as claimed in any one of the preceding claims wherein the movement is a translational movement.

10. An office incorporating a table as claimed in any one of the preceding claims.