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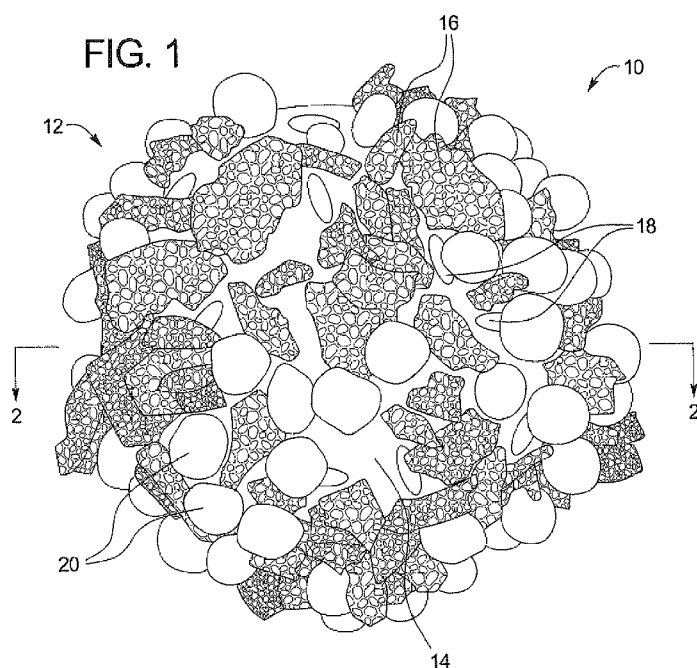
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(54) Title: BITE-SIZE NUTRITIONAL PRODUCTS HAVING A FILLING AND METHODS FOR USING SAME



(57) Abstract: Bite-size nutritional products and methods of using same are provided. In a general embodiment, the present disclosure provides a bite-size nutritional product having a protein- or carbohydrate-based dough that encases a semi-liquid filling. The semi-liquid filling may be, for example, a jelly, jam or puree comprising fruit, peanut butter, chocolate, etc. The nutritional products can also include a coating having delicious and nutritious components such as chocolate, fruit pieces, crispy cereal components, nuts, and similar components. The bite-size nutritional products can be specifically designed and provided to an athlete for customized protein or carbohydrate intake and portion control. The bite-size nutritional products can also be specifically designed for individuals desiring a delicious tasting, health-conscious snack.