DRAWINGS

Fig.1

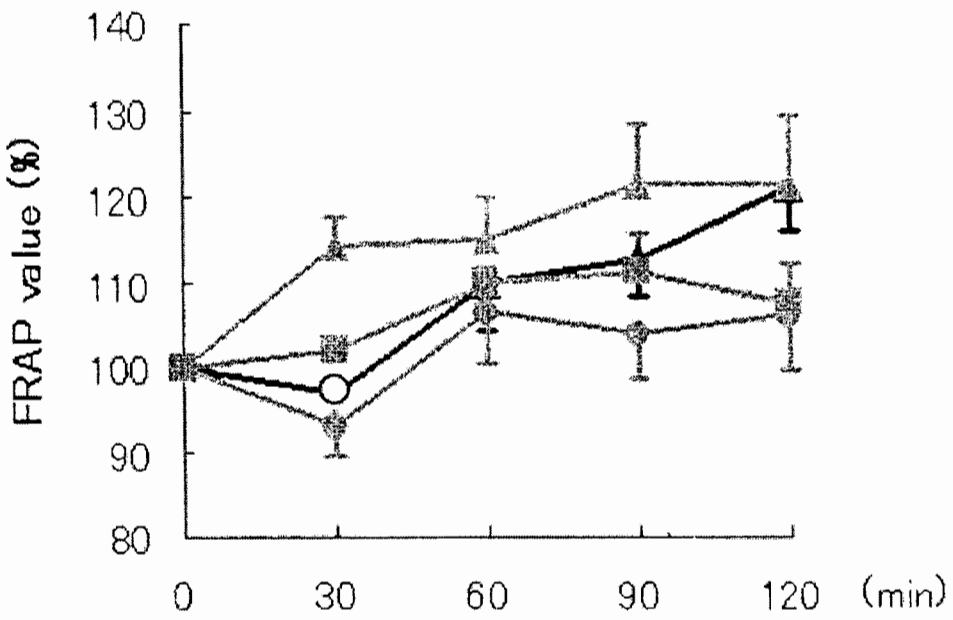


Fig. 2

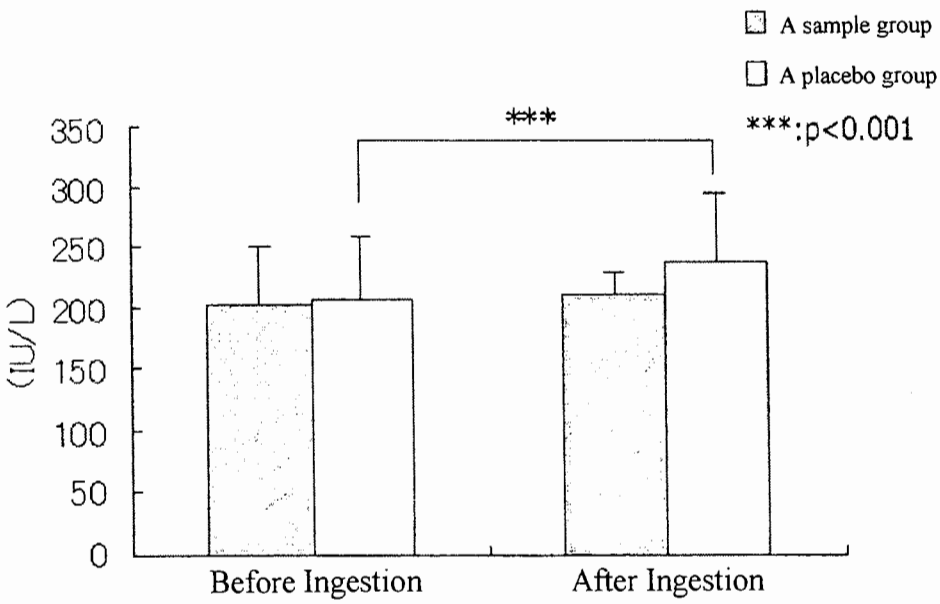


Fig. 3

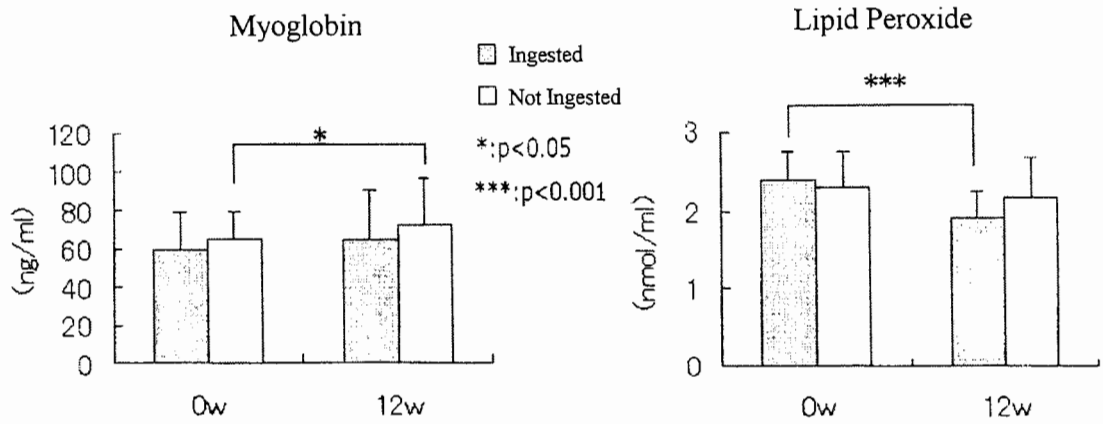

Myoglobin
Ingested
Not Ingested
*:p<0.05
***:p<0.001
(ng/ml)
120
100
80
60
40
20
0
*
0w
12w
Lipid Peroxide
***
(nmol/ml)
3
2
1
0
0w
12w

Fig. 4

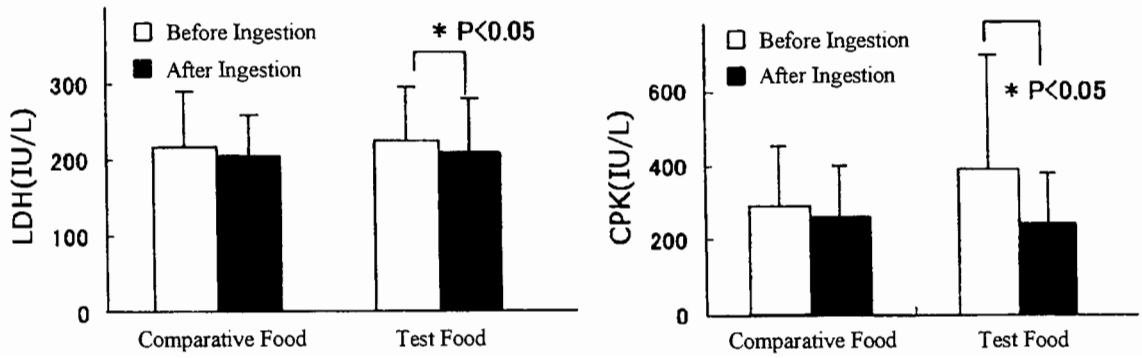
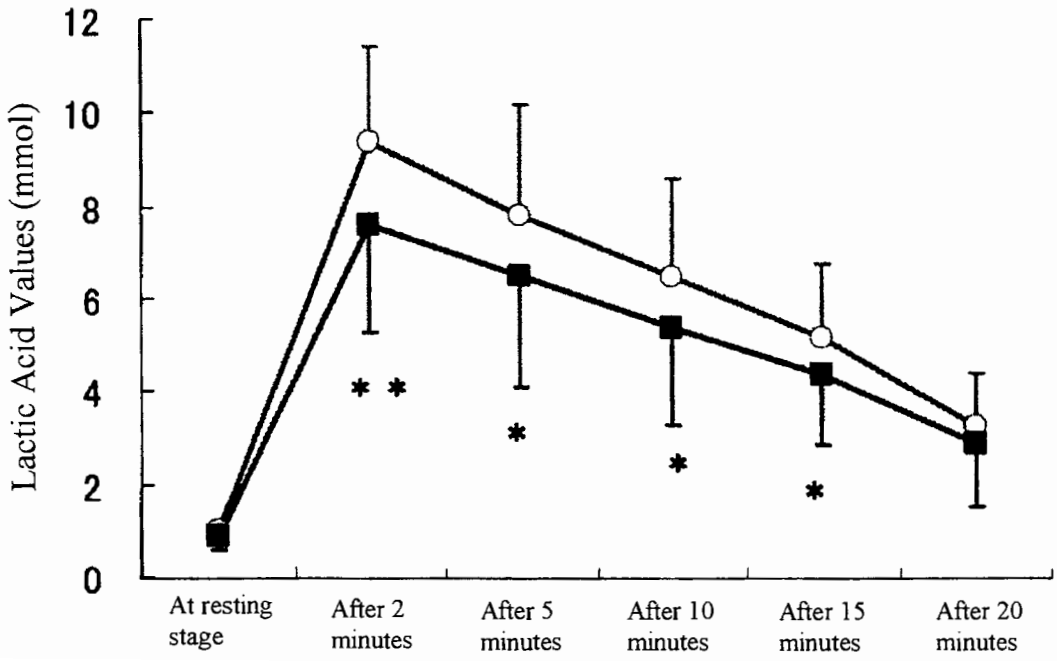

Before Ingestion
After Ingestion
* P<0.05
LDH(IU/L)
300
200
100
0
Comparative Food
Test Food
Before Ingestion
After Ingestion
* P<0.05
CPK(IU/L)
600
400
200
0
Comparative Food
Test Food

Fig. 5


Lactic Acid Values (mmol)
12
10
8
6
4
2
0
* *
*
*
*
At resting stage
After 2 minutes
After 5 minutes
After 10 minutes
After 15 minutes
After 20 minutes