

ABSTRACT

5 A refrigerator performs a first defrosting operation of heating a cooler with a heater in a first frost formation state in which a large amount of frost is deposited on the cooler and a second defrosting operation of heating the cooler with the heater in a second frost formation state in which a small amount of frost is deposited on the cooler. A second capacity being heating capacity of the heater during the second defrosting operation is smaller than a first capacity being heating capacity of the heater during the first defrosting operation.