CLAIM LIST

1. A health care device for emitting a low-frequency wave of a predetermined frequency forward to an umbilicus of a user, comprising:

a low-frequency wave emitter, configured to emit the low-frequency wave of the predetermined frequency, wherein the low-frequency wave emitter is an infrasound wave transducer, and the low-frequency wave is an infrasound wave;

a column, having a top surface, a bottom surface and a column body which has two ends respectively connected to the top surface of the column and the bottom surface of the column; and

a cone, having a vertex, a bottom surface and a cone body which has two ends respectively connected to the vertex and the bottom surface of the cone, wherein the vertex has a stick extending therefrom;

wherein the top surface of the column is correspondingly jointed to the bottom surface of the cone, and the low-frequency wave emitter is connected to the bottom surface of column,

wherein the cone concentrates the low-frequency wave of the predetermined frequency towards the vertex and onto the stick for releasing and emitting the low-frequency wave of the predetermined frequency forward to the umbilicus of the user.

2. The health care device according to claim 1, wherein the predetermined frequency is within a range between 1.27 Hz and 1.8 Hz.

3. The health care device according to claim 2, wherein the predetermined frequency is 1.45 Hz.

4. The health care device according to claim 1, wherein the column is a cylinder, and the column and the cone are formed integrally.

5. The health care device according to claim 4, wherein the low-frequency wave emitter is connected to the bottom surface of the column via a tube.

6. The health care device according to claim 5, wherein the stick is vertically standing and having a longitudinal direction away from the bottom surface of the cone.

7. The health care device according to claim 6, wherein the longitudinal direction of the stick is coincided with a specific normal line of the bottom surface of the cone, and the specific normal line of the bottom surface of the cone passes through a bottom surface center of the cone.

8. A health care method, comprising:

using a health care device to emit a low-frequency wave of a predetermined frequency forward to an umbilicus of a user, wherein the low-frequency wave is emitted at a predetermined position, and the predetermined position is located in front of the umbilicus of the user with a predetermined distance;

wherein the health care device comprises:

a low-frequency wave emitter, configured to emit a low-frequency wave of a predetermined frequency, wherein the low-frequency wave emitter is an infrasound wave transducer, and the low-frequency wave is an infrasound wave;

a column, having a top surface, a bottom surface and a column body which has two ends respectively connected to the top surface of the column and the bottom surface of the column; and

a cone, having a vertex, a bottom surface and a cone body which has two ends respectively connected to the vertex and the bottom surface of the cone, wherein the vertex has a stick extending therefrom;

wherein the top surface of the column is correspondingly jointed to the bottom surface of the cone, and the low-frequency wave emitter is connected to the bottom surface of column,

wherein the cone concentrates the low-frequency wave of the predetermined frequency towards the vertex and onto the stick for releasing and emitting the low-frequency wave of the predetermined frequency forward to the umbilicus of the user.

9. The health care method according to claim 8, wherein the predetermined frequency is within a range between 1.27 Hz and 1.8 Hz.

10. The health care method according to claim 9, wherein the predetermined frequency is 1.45 Hz.

11. The health care method according to claim 8, wherein the predetermined position is located on a virtual bottom surface of a virtual cone, a virtual vertex of the virtual cone is the umbilicus, and the predetermined distance is within a range between 5 cm and 8 cm; the predetermined position is located on a center of the virtual bottom surface, the virtual cone is a circular cone, and the predetermined position is located on a circle center of the virtual bottom surface being a circle, the predetermined distance is a distance between the circle center and the umbilicus, and the vertex is located at the predetermined position.

12. The health care method according to claim 8, wherein the stick is vertically standing and having a longitudinal direction away from the bottom surface of the cone, the longitudinal direction of the stick is coincided with a specific normal line of the bottom surface of the cone and extending towards the umbilicus, the specific normal line of the bottom surface of the cone passes through a bottom surface center of the cone, and a stick tip of the stick is located at the predetermined position.