ABSTRACT OF THE DISCLOSURE

Disclosed are an optical information reproducing apparatus and an optical information reproducing method which are capable of restraining the variation of laser power by always detecting a constant amplitude of RF signal, even if there is a irregularity of asymmetry.

In the optical information reproducing apparatus for reproducing an information signal recorded on a disk (8) by irradiating thereon a laser light modulated by an information signal, during reproduction, the of control amount (S4) of laser power control circuit 11 for controlling the power of the laser light to an optimum value is made the value based on the amplitude level VP-, VP+ of the reproduced information signal.

Figure 1

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