

Abstract

An apparatus (1) for positioning the body of a user (100), wherein the apparatus can be used in a seat or in the form of a rest, comprising a seating element (20), a pelvis and lumbar-spine module (13) and a computer unit (40), wherein the pelvis and lumbar-spine module comprises an adjusting element (117) and a sensor (113), and the seating element comprises an adjusting element (108) and three sensors (111, 112), wherein the sensors (111, 112, 113) sense seat-related and rest-related pressures, wherein the computer unit activates the adjusting elements, wherein a first and second sensor (112) and a third sensor (111) sense the seat-related pressure of the first and second ischial tuberosities (102) and of the coccyx (104), wherein the first and the second ischial tuberosities define an ischial-tuberosity level, wherein the adjusting element of the seating element compensates for the ischial-tuberosity level horizontally about the user's sagittal axis, and whereupon the adjusting element of the pelvis and lumbar-spine module tilts the user's pelvis (101) about the horizontal axis of the same until the seat-related and/or rest-related pressure of the coccyx has a value substantially equal to zero.

(Fig. 1)