Claims

1. A nutritional composition comprising:

   a carbohydrate source,

   a protein source,

   lactoferrin, and

   a lipid source comprising an oil blend comprising structured lipids, wherein the structured lipids comprise triglycerides having 10% to 70% of the palmitic acid (C16:0) residues in the triglycerides are esterified at the sn-2 position.

2. The nutritional composition of claim 1, wherein the structured lipids comprise triglycerides having from 40% to 70% of the palmitic acid (C16:0) residues at the sn-2 position.
3. The nutritional composition of claim 1, wherein the structured lipids comprise triglycerides having from 20% to 40% of the palmitic acid (C16:0) residues at the sn-2 position.
4. The nutritional composition of claim 1, wherein the oil blend further comprises as least one ingredient selected from canola oil, milkfat, and cream.
5. The nutritional composition of claim 1, wherein the lipid source further comprises cholesterol.
6. The nutritional composition of claim 5, wherein the lipid source comprises cholesterol from 10 mg/100 kcal to 400 mg/100 kcal.
7. The nutritional composition of claim 1, wherein the lipid source further comprises at least one phospholipid.
8. The nutritional composition of claim 1, wherein the lipid source further comprises a source of milk fat globule membrane.
9. The nutritional composition of claim 1, further comprising DHA.
10. The nutritional composition of claim 1, further comprising at least one probiotic.
11. The nutritional composition of claim 1, further comprising at least one prebiotic.
12. The nutritional composition of claim 1, further comprising β-glucan.

13. The nutritional composition of claim 1, wherein the nutritional composition is an infant formula.

14. A nutritional composition, comprising per 100 kcal:

(i) between 6 g and 22 g of a carbohydrate source;

(ii) between 1 g and 7 g of a protein source;

(iii) between 1 g and 10.3 g of a lipid source comprising an oil blend including structured lipids, wherein the structured lipids comprise triglycerides having 10% to 70% of the palmitic acid (C16:0) residues in sn-2 position, and

(iv) lactoferrin.

15. Use of a lipid source comprising structured lipids in the manufacture of a nutritional composition for promoting fat and lipid digestion in a pediatric subject wherein the nutritional composition comprises a carbohydrate source, a protein source, lactoferrin, and a lipid source comprising structured lipids, wherein the structured lipids comprise triglycerides wherein 10% to 70% of the palmitic acid (C16:0) residues are at the sn-2 position.

16. The use of claim 15, wherein the lipid source further comprises cholesterol.

17. The use of claim 15, wherein the nutritional composition further comprises a source of long chain polyunsaturated fatty acids.

18. The use of claim 15, wherein the nutritional composition further comprises at least one nutrient selected from the group consisting of the following: a probiotic, a prebiotic, β-glucan, a source of iron, and combinations thereof.

19. The use of claim 15, wherein the nutritional composition is an infant formula.