Claims

1. A composition comprising an emulsified particle, wherein the emulsified particle comprises an amphiphilic GLP-1 secretion-promoting component and an emulsifier, wherein

the emulsifier is an oil-in-water emulsifier;

the GLP-1 secretion-promoting component is incorporated into the emulsified particle;

the GLP-1 secretion-promoting component comprises a glycoside sweetener; and

the emulsifier comprises at least one selected from the group consisting of a polyglycerol fatty acid ester, a propylene glycol fatty acid ester, an enzyme-treated lecithin, a sucrose fatty acid ester, and an organic acid monoglyceride.

2. The composition according to claim 1, wherein the GLP-1 secretion-promoting component is rebaudioside A.

3. The composition according to claim 1 or 2, wherein an HLB (hydrophile lipophile balance) value of the emulsifier is 7 to 18.

4. The composition according to any one of the claims 1 to 3, wherein a hydrophilic group of the emulsifier is derived from a sweetness component.

5. The composition according to any one of claims 1 to 4, wherein the emulsifier comprises at least one emulsifier selected from the group consisting of a polyglycerol fatty acid ester and a sucrose fatty acid ester.

6. The composition according to any one of claims 1 to 5, wherein a hydrophilic group of the emulsifier comprises a phosphate group.

7. The composition according to any one of claims 1 to 6, wherein a proportion of the emulsifier based on the GLP-1 secretion-promoting component is 0.02 to 50% by mass.

8. The composition according to any one of claims 1 to 7, wherein the composition comprises the emulsifier in a proportion of 0.1 to 5% by mass.

9. The composition according to any one of claims 1 to 8, wherein the composition comprises the GLP-1 secretion-promoting component in a proportion of 1 to 20% by mass.

10. A beverage comprising the composition according to any one of claims 1 to 9.

11. A food comprising the composition according to any one of claims 1 to 9.

12. A pharmaceutical composition comprising the composition according to any one of claims 1 to 9.

13. A method of producing an emulsified particle into which a GLP-1 secretion-promoting component is incorporated, comprising the steps of:

mixing an oil-in-water emulsifier, an amphiphilic GLP-1 secretion-promoting component, and an aqueous medium to prepare a mixture; and

adding a fat and oil to the mixture and stirring;

the GLP-1 secretion-promoting component comprises a glycoside sweetener; and

the emulsifier comprises at least one selected from the group consisting of a polyglycerol fatty acid ester, a propylene glycol fatty acid ester, an enzyme-treated lecithin, a sucrose fatty acid ester, and an organic acid monoglyceride.

14. A composition comprising an emulsified particle comprising rebaudioside A and an oil-in-water emulsifier,

wherein rebaudioside A is incorporated into the emulsified particle, and

wherein the emulsifier comprises at least one selected from the group consisting of a polyglycerol fatty acid ester, a propylene glycol fatty acid ester, an enzyme-treated lecithin, a sucrose fatty acid ester, and an organic acid monoglyceride.