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ABSTRACT OF THE DISCLOSURE

In a multi-session disc including both audio session and data session, the data session is correctly recognized and accessed. The reproducing apparatus is a reproducing apparatus of a multi-session disc mixing a session of first type recording first data and a session of second type recording second data different from the first data, comprising an optical pickup for accessing the session of first type and the session of second type, a judging unit for judging a type of the session accessed by the optical pickup, and a limiting unit for limiting the session of first type to a reproducible session when the session of second type judged by the judging unit is present at an access position after the session of first type.