CLAIMS

1. A device for insertion into a human or animal vaginal or rectal cavity, the device comprising an internally wearable plug comprising a pharmaceutically active composition;

an externally wearable anchor element; and

a sheath joining the plug to the anchor element such that a wearer's finger can be received in the sheath to assist insertion.

2. The device according to claim 1, wherein the human cavity is a vaginal cavity or a rectal cavity.

3. The device according to any preceding claim, wherein the composition is a topically active composition.

4. The device according to any preceding claim, wherein the composition is a systemically active composition.

5. The device according to any preceding claim, wherein the composition comprises a pharmaceutically active ingredient selected from an antifungal agent, an antibacterial agent and/or an anti-hemorrhoidal agent.

6. The device according to any preceding claim, wherein the composition is releasable in the presence of heat and/or fluid.

7. The device according to any preceding claim, wherein the composition comprises or consists of a solution, a lotion, a cream, an emulsion, a suspension, an ointment, a paste, a gel, a powder and/or a foam.

8. The device according to any preceding claim, wherein the plug comprises an absorbent material.

9. The device according to any preceding claim, wherein the plug is saturated with the pharmaceutically active composition.