CLAIMS

1. A headgear for an interface, comprising:

   a rear loop,

   a lower side strap extending from the interface to the rear loop,

   a pivotable connection, the pivotable connection located between the lower side strap and the rear loop, or on the lower side strap, wherein the pivotable connection is configured to allow for lateral movement of the lower side strap.

2. The headgear of claim 1, wherein the rear loop comprises:
   a top strap configured to extend across a top of the user's head in use,
   a rear strap configured to extend across a back of the user's head in use.

3. The headgear of claim 1 or claim 2, wherein the headgear comprises an upper side strap extending from an interface to the top strap.

4. The headgear of claim 2 or claim 3, wherein movement and/or rotation of the rear strap in a direction away from the interface causes the headgear to enter the donning and doffing configuration.

5. The headgear of any one of claims 1 to 4, wherein movement and/or rotation of the top strap in a direction toward from the interface causes the headgear to enter the donning and doffing configuration.

6. The headgear of any one of claims 1 to 5, wherein positioning of the interface on a user's face causes the headgear to enter the use configuration.

7. The headgear of any one of claims 3 to 6, wherein positioning of the top strap across a top of the user's head, and/or the rear strap across a back of the user's head causes the headgear to enter the use configuration.

8. The headgear of any one of claims 2 to 7, wherein in the donning and doffing configuration the pair of lower side straps are located further apart than in the use configuration.

9. The headgear of any one of claims 1 to 8, wherein the pivotable connection is a bistable pivotable connection, having a first stable configuration where the headgear is in the use configuration, and a second stable configuration where the headgear is in the donning and doffing configuration.

10. The headgear of claim 9, wherein the headgear comprises an intermediate position, wherein the intermediate position is located between the first stable configuration and the second stable configuration.

11. The headgear of claim 10, wherein the intermediate position is an unstable configuration.

12. The headgear of claim 10 or claim 11, wherein in the intermediate position the distance between the lower side straps is larger than in the first stable configuration and/or the second stable configuration.

13. The headgear of any one of claims 1 to 12, wherein a pivotable connection axis of the pivotable connection is located in a direction substantially parallel to the upper side strap and/or the lower side strap.

14. The headgear of any one of claims 1 to 12 wherein a pivotable connection axis of the pivotable connection extends in a direction so as to bisect the lower side strap and the upper side strap.

15. The headgear of any one of claims 1 to 12, wherein the upper side strap and the lower side strap are substantially symmetrical about pivotable connection axis.

16. The headgear of any one of claims 1 to 15, wherein the lower side straps comprise at least one hinging arm, the hinging arm configured to extend behind an ear of the user in use.

17. The headgear of claim 16, wherein the hinging arm extends downwardly from the rear strap.

18. The headgear of claim 16 or claim 17, wherein the hinging arm comprises a preformed twist, wherein an end of the hinging arm located away from the pivotable connection is twisted inwardly.

19. The headgear of any one of claims 1 to 18, wherein the rear strap comprises a pivotable connection support.

20. The headgear of claim 19, wherein the pivotable connection support located, in use, between the user and the pivotable connection.

21. The headgear of claim 19 or claim 20, wherein the pivotable connection support providing an area to distribute load generated by hinging.

22. The headgear of any one of claims 1 to 21, wherein the pivotable connection is located behind a user's ear in use.

23. The headgear of any one of claims 1 to 22, wherein the headgear comprises a pair of upper side straps and a pair of lower side straps, each upper and lower side strap pair being located on each side of the headgear.

24. The headgear of claim 23, wherein the headgear comprises a pair of pivotable connections, each pivotable connection located between the upper side strap and lower side strap of each upper and lower side strap pair, or on the each lower side strap.

25. The headgear of claim 24, wherein in the donning and doffing configuration the pair of lower side straps are located closer to the upper side straps than in the use configuration.

26. The headgear of any one of claims 1 to 25, wherein the pivotable connection is located at a connection point between the lower side strap and the rear strap.

27. The headgear of any one of claims 1 to 26, wherein the pivotable connection is for provided by a hinge.

28. The headgear of any one of claims 1 to 27, wherein the pivotable connection is configured to allow for movement of the each lower side strap in a direction upward and downward.

29. The headgear of any one of claims 1 to 28, wherein the headgear operable between a first configuration being an in use configuration and a second configuration being a donning and doffing configuration by pivoting of the lower side strap about the pivotable connection.