

[Abstract]

In the present specification, a composition for improving skin transparency and a composition for reducing skin dullness are disclosed. The composition contains a mixed extract of Rosa Multiflorae Fructus, black sesame, plum, quince, and pine nut as an active ingredient, wherein the Rosa Multiflorae Fructus and black sesame may be germinated. Also, the composition has the effect of improving skin that has become dull due to the effects of aging, the external environment, stress, etc., so that the skin is made clear and transparent.