ABSTRACT

Embodiments of this application provide a delay reporting method. The method may be applied to a first module. The first module may report a target delay corresponding to data at a plurality of specific locations in a data flow, where the plurality of specific locations are separated by a fixed length, and a periodicity of the plurality of specific locations corresponds to a periodicity of inserting a padding sequence into the data flow. In embodiments of this application, if the first module corresponds to a transmitter, the target delay corresponding to the data at the specific locations is equivalent to a maximum delay; if the first module corresponds to a receiver, the target delay corresponding to the data at the specific locations is equivalent to a minimum delay. This solution enables accurate reporting of delay information.