

ABSTRACT

This application relates to the communication field, and in particular, to a communication method and a communication apparatus. The solutions may be applied to a WLAN system that supports a next-generation Wi-Fi protocol of IEEE 802.11ax, for example, 802.11be, Wi-Fi 7, or
5 EHT, and for another example, 802.11 series protocols such as a next-generation protocol of 802.11be, and Wi-Fi 8. According to this application, a first AP may send a first radio frame to a second AP, to request the second AP to modify an RTWT parameter of at least one RTWT agreement. This facilitates enhanced transmission in a multi-AP coordination scenario and improves communication quality.