

Claims

1. A baked confection comprising a plant extract comprising ≥ 5 weight % (wt %) anthocyanin, based on the total weight of the plant extract.
- 5 2. The baked confection according to claim 1, wherein the baked confection comprises 0.1-35 wt % plant extract based on the total weight of batter prior to baking the baked confection.
3. The baked confection according to claim 1 or 2, wherein the baked confection
10 comprises 1-35 wt % plant extract based on the total weight of batter prior to baking the baked confection.
4. The baked confection according to claim 1 or 2, wherein the baked confection
15 comprises 0.1-30 wt % plant extract based on the total weight of batter prior to baking the baked confection.
5. The baked confection according to any preceding claim, wherein the baked
confection comprises 0.005-30 wt % anthocyanins based on the total weight of the
20 baked confection.
6. The baked confection according to any preceding claim, wherein the plant
extract is or is derived from: berries, fruits, nuts, vegetables, grains, pulses, or a
combination thereof.
- 25 7. The baked confection according to claim 6, wherein the plant extract is a cereal
extract.
8. The baked confection according to any preceding claim, wherein the plant
extract is in dry powder form.
- 30 9. The baked confection according to any preceding claim, for use as a
medicament.

10. Use of the baked confection according to any of claims 1 to 8 in the manufacture of a composition for preventing or reducing a postprandial rise in blood glucose level.

5 11. Use of the baked confection according to any of claims 1 to 8 in the manufacture of a composition for treating and/or preventing a metabolic syndrome disorder.

12. The baked confection according to any of claims 1 to 8 for use in preventing or
10 reducing a postprandial rise in blood glucose level.

13. The baked confection according to any of claims 1 to 8 for use in treating and/or preventing a metabolic syndrome disorder.

15 14. A method of preventing or reducing a postprandial rise in blood glucose level, the method comprising administering a baked confection according to any of claims 1 to 8 to a patient in need thereof.

15. A method of treating and/or preventing a metabolic syndrome disorder, the
20 method comprising administering a baked confection according to any of claims 1 to 8 to a patient in need thereof.