

FERMENTED INGREDIENT

This is a Provisional Application for Patent pursuant to 35 U.S.C. §111(b).

5

TECHNICAL FIELD

Disclosed is a novel ingredient and the fermentation process to form said ingredient which enhances saltiness in food products, in particular in food products with a low or reduced sodium content, to improve their taste.

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BACKGROUND

A high amount of sodium intake is considered to be detrimental to health and therefore there is the desire to reduce the amount of sodium chloride (NaCl) in food products, without reducing the desired salty taste at the same time. The salty taste is very important to the perceived flavour intensity and profile, especially for savory food products.

There exists a need in the food industry to provide ingredients that enhance the salty taste of food products so that NaCl can be reduced. Further, there is a need to provide ingredients that enhance the umami taste of food products, especially savoury food products.

Potassium Chloride (KCl) is used to replace other salts, particularly NaCl. If KCl is used at the desired concentrations to reduce the NaCl concentration, an undesirable bitter and metallic taste is perceived by the consumer. It would therefore be of interest to find a product that is able to enhance the salty taste of NaCl so KCl can be partly or completely replaced.

Surprisingly, it has now been found that by the process based on fermentation of hydrolyzed pea protein described herein below, an ingredient can be formed that has an enhancing effect on the perception of salty taste in food products.

Fermented products based on protein rich botanical materials which are hydrolyzed are known to have an umami taste. In particular, protein from soy and wheat gluten is used to form ingredients having an umami taste. To form such ingredients, materials with a high content of glutamic acid are chosen, which is a very important factor for umami taste. Wheat gluten has a glutamic acid content of 34%, soy protein has a

glutamic acid content of 20%. To reach a similar effect, one would choose a material of similar or higher glutamic acid content. None of these ingredients is known to have a salt enhancing effect.

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SUMMARY

Provided is a process of forming a salt enhancing ingredient, wherein

a) pea protein is hydrolyzed, and

- 10 b) the hydrolyzed or partly hydrolyzed pea protein is subjected to fermentation with a *Lactobacillus* species at a temperature suitable for the species at a starting pH of at least 6 or higher and incubated until a pH of 5.5 or lower is reached.

Provided is a process as herein described wherein the hydrolysis in step a) is an
15 enzymatic hydrolysis performed with an enzyme or enzyme preparation having both proteinase and peptidase activity at a temperature suitable for the enzyme.

Provided is a process as herein described wherein the enzyme preparation is from
20 *Aspergillus oryzae* (umamizyme™) and the hydrolysis is performed at 40°C to 60°C.

Provided is a process as herein described wherein the hydrolysis is performed
chemically by adding a sufficient amount of acid.

Provided is a process as herein described wherein the acid is selected from the
25 group consisting of hydrochloric acid, lactic acid, phosphoric acid, and citric acid.

Provided is a process as herein described wherein the hydrolysis temperature is from
50°C to 70°C.

- 30 Provided is a process as herein described wherein the hydrolysis is performed by a combination of an acid and an enzyme or enzyme preparation having both proteinase and peptidase activity at a temperature suitable for the enzyme or enzyme preparation.

- 35 Provided is a process as herein described wherein the *Lactobacillus* species is selected from one or more of *L. plantarum*, *L. casei*, *L. brevis* and *L. helveticus*.

Provided is a salt enhancing ingredient formed by a process as herein described.

Provided is the salt enhancing ingredient as herein described which is concentrated at least 1.5 times by removing water.

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Provided is the salt enhancing ingredient as herein described wherein the salt enhancing ingredient is spray-dried.

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Provided is a flavor composition for food products comprising the salt enhancing ingredient as herein described.

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Provided is the flavor composition as herein described wherein the concentration of the salt enhancing ingredient as herein described is 0.02% to 0.3% (wt/wt) based on a spray-dried 2x concentrate.

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Provided is a food product comprising the salt enhancing ingredient as herein described.

Provided is the food product as herein described wherein the concentration of the salt enhancing ingredient as herein described is 0.002% to 0.03% (wt/wt) based on a spray-dried 2x concentrate.

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Provided is the food product as herein described which is a reduced or low sodium food product.

Provided is the food product as herein described wherein the sodium chloride concentration is 0.15% (wt/wt) to 3% (wt/wt).

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Provided is the food product as herein described wherein the sodium chloride concentration is 0.15% (wt/wt) to 1.5% (wt/wt).

Provided is the reduced or low sodium food product as herein described additionally comprising KCl, for example in a concentration of 0.1% to 2% KCl.

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Provided is a method of providing a food product enhanced in saltiness wherein the salt enhancing ingredient as herein described is admixed to a food product.

Provided is the method as herein described wherein the food product is a reduced or low sodium food product optionally containing KCl, optionally in a concentration of 0.1% to 2% KCl.

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DETAILED DESCRIPTION

10 The term pea or peas as used herein refers to the round seeds of the leguminous plant *Pisum sativum* and its cultivars, having long green pods containing the edible seeds. Several other seeds of the family Fabaceae, most of them round, are also called peas, these however are explicitly excluded. Alternatively, instead of pea seeds, pea sprouts may be used.

15 The pea protein for use in methods provided herein can be in any suitable form, for example in form of pea seeds or sprouts (including whole or ground up seeds and whole or cut sprouts), or as a protein isolate from peas, or any natural material containing protein from pea and optionally additional ingredients. Pea protein has a comparatively low glutamic acid content of only about 13%.

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The pea protein is first hydrolyzed or partly hydrolyzed and then fermented with *Lactobacillus plantarum*; the process can be performed consecutively in one hydrolysis/fermentation vessel. If the hydrolysis is performed enzymatically, hydrolysis and fermentation can be performed in parallel. If acid hydrolysis is used, 25 *Lactobacillus* should be added after neutralisation of the acid to about pH 6 to 7, depending on the particular strain used. If the pH is below 6, *Lactobacillus plantarum* will grow very slowly and usually not sufficiently.

30 The hydrolysis of pea protein can be performed enzymatically or by adding a sufficient amount of acid, or by a combination of enzyme(s) (proteinase and peptidase activity) and acid. For example, if hydrochloric acid is used, it is used in an end concentration in the hydrolysis mixture of 5.5M. Other acids can be used in an amount to give a similar pH as 5.5M hydrochloric acid does accordingly.

35 For enzymatic hydrolysis, an enzyme or enzyme preparation containing more than one enzyme and having both proteinase and peptidase activity is used at a suitable temperature for the one or more enzyme. A suitable temperature will be

chosen according to the temperature requirements of the enzymes, for example, umamizyme™ will tolerate temperatures from about 40°C to about 60°C, with an optimum at around 55°C. A useful enzyme is a protease enzyme preparation, for example umamizyme™ (Amano, Elgin, IL). Protease preparations contain two types of enzymes; proteinases, which hydrolyze proteins to form small peptides, and peptidases, which release amino acids from the terminal ends of proteins and peptides. Umamizyme™ originates from *Aspergillus oryzae* and is rich in Endo & Exo activity.

All enzymes used should be food-grade. The amount or units of the enzymes needed are chosen to ensure sufficient activity and avoid developing bitter notes. The amount of enzyme depends on the amount of protein and there should be a ratio of 0.5:20 to 3:20 of enzyme:protein (0.5 to 3 parts enzyme for 20 parts of pea protein), for example 1:20 of enzyme:protein (umamizyme™ has 70 U/g at pH 7).

In the acid hydrolysis, acids may be used including, for example, one or more of hydrochloric acid, lactic acid, phosphoric acid, and citric acid. The hydrolysis is performed at a suitable temperature, for example from about 50°C to about 70°C.

Another alternative is a combination of acid hydrolysis and enzymatic hydrolysis. In this case, acid, enzyme, pH and temperature need to be chosen so that they are compatible. The relevant data is known and readily available for a large number of proteinase and peptidase enzymes.

The acid hydrolysis is a possibility but has a disadvantage as a small amount of salt is added when neutralising the acid. The resulting salt enhancer will still be useful for salt reduced products but the reduction potential may be slightly limited. More importantly, the contaminant 3-chloropropane-1,2-diol (3-MCPD) and other mono- and di- chloropropanol contaminants may be formed, which has been in discussion for potential adverse health effect, so consumers tend to avoid products containing or potentially containing 3-MCPD.

The seed culture/overnight culture for the following fermentation may be prepared by methods well-known in the art. It may be grown overnight, for example 12 hours, at the appropriate temperature for the microorganism. 37°C is a suitable temperature for *L. plantarum*. Any suitable medium may be selected, for example MRS broth (Difco, United States of America).

The fermentation with *Lactobacillus* is started using the hydrolyzed protein as fermentation broth and adding a sufficient volume of an overnight seed culture at a pH of at least 6 or higher, for example a pH of 6 to 7. Fermentation is allowed to proceed until the pH has lowered to at least pH 5.5 or lower, for example pH 5.5 to pH 4.5, which usually takes about 5 to 12 hours. The fermentation temperature is chosen to accommodate the microorganism. Useful temperature ranges for *Lactobacilli* and in particular *L. plantarum* include, for example, from 20°C to 40°C, from 30°C to 40°C, from 35 to 40°C, with an optimum around 36°C to 38°C. At a low temperature the growth rate will be low, at a high temperature the microorganism will be killed.

Lactobacillus plantarum is used for fermentation, however, other *Lactobacillus* species may also be useful, for example, *L. casei*, *L. brevis* and *L. helveticus* may also be useful.

After fermentation (once a low pH is reached) the fermentation broth is pasteurized at 90°C for 30 minutes to inactivate microorganisms and enzymes.

Afterwards, the pasteurized fermentation broth may be filtered to remove any larger particles and may be concentrated, for example by evaporation, including boiling at for example up to 100°C.

The salt enhancer may be used as such or in concentrated form. Alternatively, the concentrated salt enhancer may be used as a paste or powder or spray-dried by methods well known in the art. For the spray-dried salt enhancer, well known carriers and anti-caking agents may be added.

The final form of the salt enhancer may be chosen according to methods well known in the art and will depend on the particular food application. For liquid foods, for example soups, the salt enhancer can be used without further processing in its liquid form. For dry applications such as crackers, the spray-dried concentrated salt enhancer can be used.

The salt enhancer may be directly added to food products, or be provided as part of a flavour composition for flavouring food products.

By enhancing is meant the effect of an ingredient on a particular flavour note in food which is found more pronounced (stronger, enhanced) in its taste intensity as analysed by trained panellists sensitive to that note, when comparing food comprising an ingredient with enhancing effect to the food without added enhancing ingredient.

The term food product is used in a broad meaning to include any product taken into the mouth including food, beverages, nutraceuticals and dental care products including mouth wash.

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Food products include cereal products, rice products, pasta products, ravioli, tapioca products, sago products, baker's products, biscuit products, pastry products, bread products, confectionery products, dessert products, gums, chewing gums, chocolates, ices, honey products, treacle products, yeast products, salt and spice products, savory products, mustard products, vinegar products, sauces (condiments), processed foods, cooked fruits and vegetable products, meat and meat products, meat analogues/substitutes, jellies, jams, fruit sauces, egg products, milk and dairy products, cheese products, butter and butter substitute products, milk substitute products, soy products, edible oils and fat products, medicaments, beverages, juices, fruit juices, vegetable juices, food extracts, plant extracts, meat extracts, condiments, nutraceuticals, gelatins, tablets, lozenges, drops, emulsions, elixirs, syrups, and combinations thereof.

Of particular interest are food products traditionally high in sodium salt with a reduced sodium salt concentration, including condiments and sauces (cold, warm, instant, preserved, sate, tomato, BBQ Sauce, Ketchup, mayonnaise and analogues, bechamel), gravy, chutney, salad dressings (shelf stable, refrigerated), batter mixes, vinegar, pizza, pasta, instant noodles, french fries, croutons, salty snacks (potato chips, crisps, nuts, tortilla-tostada, pretzels, cheese snacks, corn snacks, potato-snacks, ready-to-eat popcorn, microwaveable popcorn, caramel corn, pork rinds, nuts), crackers (Saltines, 'Ritz' type), "sandwich-type" cracker snacks, breakfast cereals, cheeses and cheese products including cheese analogues (reduced sodium cheese, pasteurized processed cheese (food, snacks & spreads), savoury spreads, cold pack cheese products, cheese sauce products), meats, aspic, cured meats (ham, bacon), luncheon/breakfast meats (hotdogs, cold cuts, sausage), soya-based products, tomato products, potato products, dry spice or seasoning compositions, liquid spice or seasoning compositions including pesto, marinades, and soup-

type/meal-alternative beverages, and vegetable juices including tomato juice, carrot juice, mixed vegetable juices and other vegetable juices.

Preferred processed foods include margarine, peanut butter, soup (clear, canned, cream, instant, UHT), gravy, canned juices, canned vegetable juice, canned tomato
5 juice, canned fruit juice, canned juice drinks, canned vegetables, pasta sauces, frozen entrees, frozen dinners, frozen hand-held entrees, dry packaged dinners (macaroni & cheese, dry dinners-add meat, dry salad/side dish mixes, dry dinners-with meat). Soups may be in different forms including condensed wet, ready-to-serve, ramen, dry, and bouillon, processed and pre-prepared low-sodium foods.

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Depending on the food product, for food products that contain about 10 to 100 %, for example 25 to 50%, less sodium than a comparable food product (for example "reduced sodium" products with 25% reduction, or "light in sodium" products with a 50% reduction), the salt enhancer may be employed as follows: a useful
15 concentration for most food applications is 25 to 300 ppm or 0.002% to 0.03% (wt/wt) based on a spray-dried 2x concentrate (compare example 1 herein below). The salt enhancer may be used in unconcentrated or concentrated form or the concentrate may be formulated into a paste or powder by methods known in the art. In this case the amount to be used has to be adjusted accordingly. Flavour compositions such as
20 spices are often more concentrated, for example a 10x concentrate, and the concentration will be adjusted higher accordingly (250 ppm to 3000 ppm).

The NaCl content in common food products with a regular NaCl concentration varies with most products ranging from 0.5% to 5% NaCl. Seasoning or products used as
25 seasoning, such as croutons, sauces or salad dressings that are employed in a small amount (to be applied to e.g. salad or noodles), have a concentration of for example from 2% to 5% NaCl. Soups usually contain 0.6% to 1.25% NaCl. Salty crackers and meat products (salami, ham, bacon) usually contain 2% to 4% NaCl. Cereals usually contain 0.6 to 3% NaCl. Products that need to be reconstituted (dry soups) usually
30 range in the concentration ranges indicated after reconstitution.

For low sodium products containing even less NaCl than products with reduced sodium content (353 mg per serving), the amount of the salt enhancer may have to be increased.

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For food products with added KCl depending on the food product and said ingredients, the concentration of KCl may be from about 0.1 % or 0.2 % up to 1%, up

to 1.5%, up to 2%, or higher, depending on how much the sodium concentration is reduced. A KCl concentration of 0.25 % to 1.5%, for example 0.5% to 1.5% KCl will be useful for most low sodium products. A range to which the NaCl concentration may usefully be reduced for most applications is, for example, 0.25% to 2.5%, or
5 from 0.125% to 1.25%. The amount of the salt enhancer to be added to the food product as an ingredient will depend on the concentration of KCl used, and the specific food product including the particular base and flavour. Generally, if a spray-dried 2x concentrate of the salt enhancer is used, 0.002% to 0.03% of said concentrate in a product (based on product weight) may be used. The salt enhancer
10 may be used in un-concentrated form or the concentrate may be formulated into a paste or powder or spray-dried salt enhancer by methods known in the art. In this case, the amount to be used has to be adjusted accordingly.

The appropriate concentration of the salt enhancer can be easily tested by an
15 organoleptic titration. This technique is well known in the field sensory analysis.

Examples

Unless otherwise indicated, percentages are given as wt/wt.

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Example 1Production of the pea base note by fermentation with *Lactobacillus plantarum*Seed/overnight culture medium:

10	Soy peptone (DMV International, Chicago, IL, USA)	10 g
	Yeast extract (Sensient Flavors, Indianapolis, IN, USA)	5 g
	Dextrose (Corn Products, Bedford Park, IL, USA)	20 g
	Polysorbate 80 (Tween 80, Lonza, Fair Lawn, NJ, USA)	1 g
	Sodium Acetate (Niacet, Niagra Falls, NY, USA)	5 g
15	Magnesium Sulfate (Sigma, St. Louis, MO, USA)	0.1 g
	Manganese Sulfate (Sigma, St. Louis, MO, USA)	0.05 g
	Dipotassium Phosphate (Niacet, Niagra Falls, NY, USA)	2 g

Hydrolysate mixture:

20	Pea protein isolate (Propulse®, Norben company, Willoughby, Ohio, USA)	183 g
	Sodium chloride	1 g
	Umamizyme™ (Amano, Japan)	6 g
	<i>Lactobacillus plantarum</i> culture, strain LP14917	3 g
	Water	
25		add 1000 g

A seed culture is prepared by incubating *L. plantarum*, ATCC 14917 for 12 hours, 37°C in the seed culture medium as indicated above.

30 A fermentation broth is formed as follows:

Water, salt, and pea protein isolate are mixed well in a fermentation vessel, the initial pH is noted (usually about 6.3), and the mixture is subjected to agitation at ~150 rpm, heated, and subjected to 121°C for 60 minutes. The sterilised mixture is cooled to 55°C, and umamizyme™ is added (6 g umamizyme™ dissolved in a small amount of the water and filter-sterilized using a 0.45 microns filter). The mixture with umamizyme™ is left to hydrolyse for 24 hours at 55°C and 150 rpm.

The resulting hydrolysate is left to cool to 37°C, and is incubated at 37°C for 15 to 30 minutes. The pH is determined (typically about 5.6 to 5.7) to detect a potential contamination (if contamination occurred, the whole procedure will have to be repeated using fresh materials).

- 5 The hydrolysate is inoculated with 3 ml of a *L. plantarum* culture (inoculum of an overnight seed culture with a cell density of about 10^6 cells/g) and incubated at 37°C and 60 rpm for 6 to 8 hours until the pH (originally around pH 6) has reached about 5 (typically from pH 4.5 to pH 5.5).

- 10 The culture is then pasteurized and thereby inactivated at 90°C for 30 minutes and cooled to 30°C.

- The resulting inactivated culture is filtered by passing through a felt filter bag in a filter centrifuge. The filtered culture (supernatant containing the remaining smaller solids, minus biomass including larger undigested proteins) is concentrated 2x by evaporation/boiling at 100°C. The resulting 2x concentrate's solid content is
15 determined using a moisture analyser and is spray-dried onto a potato maltodextrin carrier in a ratio of 1:1 solids of the 2xconcentrate to carrier.

Finally, 0.5% (wt/wt) tricalciumphosphate (TPC) based on total weight of the 2xconcentrate on the carrier is added as an anti-caking agent.

- 20 The resulting spray-dried salt enhancer with anti-caking agent is referred to as "pea base note" or "PBN" in the following examples.

Example 2

Sensory evaluation: taste of PBN

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A sample of PBN of example 1 in a concentration of 0.2% in water is evaluated by 6 trained panelists for its umami and salty taste.

- Panelists evaluate the taste of PBN in comparison to references of 0.25% NaCl
30 (salty) and 0.15 % monosodiumglutamate (MSG, umami taste).

Panelists determined that the PBN sample on its own has an umami but no salty taste.

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Example 3Sensory evaluation: Enhancement of saltiness in low sodium chicken broth

5 The salt enhancing effect of the pea base note (PBN, produced as described in example 1) was determined by comparing salt reduced chicken broth with and without PBN.

The following samples were compared in a forced choice method:

- Low Sodium Chicken Broth (50% reduction -960 mg sodium per 240 g broth)
- 10 - PBN of example 1 in a concentration of 0.1% (wt/wt) in the identical low sodium chicken broth

15 ml of each sample at a temperature of 60° C was presented in 2 oz plastic cups and in random order to 15 panelists.

15 In two replications (over 1 session), panelists were asked to compare the two samples and chose the sample having the more salty taste. Distilled warm water for rinsing the palate was provided for use between samples. The data was subjected to an R-index analysis, the results are indicated in the table below.

R-index	Significantly different ($p < 0.05$)	Saltiness of PBN sample
72%	Yes	Increased

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An R-index of 50% is equivalent to pure chance and means that two samples are not detectably different. The PBN sample had a calculated R-index of 71%, which is above 50%, meaning that it was significantly more salty compared to the chicken broth sample. Accordingly, it can be concluded that PBN significantly enhanced the salty taste intensity of chicken broth.

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As a control, PBN was produced as described in example 1 except that the sodium chloride that had been used to optimise protein solubility and enzyme activity, which already was at a low concentration of 0.1% , was completely left out. The results with this control showed a similar enhancement effect in the forced choice method.

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Example 4Sensory evaluation: Enhancement of saltiness in low sodium chicken broth with KCl

The evaluation was performed as described in example 3, except that the following
5 two samples were compared:

- Low Sodium Chicken Broth (50% reduction -960 mg sodium per 240 g broth) with 0.30% (wt/wt) KCl
- PBN of example 1 in a concentration of 120 ppm in the identical low sodium chicken
10 broth

The results are indicated in the table below.

R-index	Significantly different ($p < 0.05$)	Saltiness of PBN sample
72%	Yes	Increased

The PBN sample had a calculated R-index of 71%, which is above 50%, meaning
15 that it was significantly more salty compared to the low sodium chicken broth sample with KCl. Accordingly, it can be concluded that PBN significantly enhanced the perceived intensity of a low sodium chicken broth containing KCl.

As a control, PBN was produced as described in example 1 except that the sodium chloride that had been used to optimise protein solubility and enzyme activity, which
20 already was at a low concentration of 0.1% , was completely left out. The results with this control showed a similar enhancement effect in the forced choice method.

Example 525 Sensory evaluation: umami taste in bouillon

The intensity of umami taste of a pea base note sample (PBN, produced as described in example 1) in a concentration as given in the table below in bouillon was determined by comparing it to various bouillon samples (Plain Chicken Bouillon)
30 containing autolyzed yeast extract, hydrolyzed vegetable protein or cultured wheat gluten.

17 trained panelists rated the intensity of the umami taste on a 0-100 point anchored scale (0=no umami sensation, 10-25=low, 25-40=low-medium, 40-60=medium, 60-

80=medium/high, 80-100=high umami intensity) over 3 separate replications. The mean umami intensity score for plain bouillon was used to further anchor the umami intensity.

- 5 1.5 ounce samples were presented to panelists monadically at 60°C in 2 oz plastic cups. Distilled warm water for rinsing the palate between samples was provided to panelists.
- The ratings were averaged across replications and panelists and subjected to an analysis of variance. Variance is indicated as a,b,c with the same letters indicating
- 10 that the probes were not significantly different.

Samples	concentration in bouillon [% (wt/wt)]	glutamic acid concentration [g/100g sample]	Umami Intensity ratings (0-100 scale)
autolyzed yeast extract	0.30	0.048	28.2 a
hydrolyzed vegetableprotein	0.30	0.06	24.2 abc
cultured wheat gluten	0.30	0.09	23.3 bc
PBN	0.30	0.008	26.1 abc
PBN	0.20	0.0054	23.9 bc
PBN	0.10	0.0027	21.9 c

- The results show that PBN has a similarly high or better umami intensity as autolyzed yeast extract, hydrolyzed vegetable protein and cultured wheat gluten even when
- 15 used in a concentration having a much lower glutamic acid content.

Example 6

Sensory evaluation: umami intensity in potato chips

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The intensity of umami taste of a pea base note sample (PBN, produced as described in example 1) 0.5% in potato chips was determined by comparing it to potato chips samples seasoned with autolyzed yeast extract, hydrolyzed vegetable protein or cultured wheat gluten.

11 trained panelists rated the intensity of the umami taste on a 0-100 point anchored scale (0=no umami sensation, 10-25=low, 25-40=low-medium, 40-60=medium, 60-80=medium/high, 80-100=high umami intensity) over 2 separate replications. The mean umami intensity score for unseasoned potato chips was used to further anchor the umami intensity.

7 g of each sample (smashed chips to ensure a uniform distribution of added ingredient) were presented to panelists monadically in 2 oz plastic cups. Rose hip tea and water was provided for rinsing the palate between samples was provided to panelists.

The ratings were averaged across replications and panelists and subjected to an analysis of variance. Variance is indicated as a,b,c with the same letters indicating that the probes were not significantly different.

Potato Chip Samples	concentration on potato chips [% (wt/wt)]	glutamic acid concentration [g/100g sample]	Umami Intensity ratings (0-100 scale)
autolyzed yeast extract	1.5%	0.24	31.6 a
hydrolyzed vegetable protein	1.5%	0.3	29.7 a
cultured wheat gluten	1.5%	0.45	30.1 a
PBN	0.5%	0.013	28.9 a

The results show that PBN has a similarly high umami intensity as autolyzed yeast extract, hydrolyzed vegetable protein and cultured wheat gluten even when used in a concentration having a much lower glutamic acid content.

Claims:

1. A process of forming a salt enhancing ingredient, wherein
 - a) pea protein is hydrolyzed, and
 - 5 b) the hydrolyzed or partly hydrolyzed pea protein is subjected to fermentation with a *Lactobacillus* species at a temperature suitable for the species at a starting pH of at least 6 or higher and incubated until a pH of 5.5 or lower is reached.
- 10 2. A process according to claim 1 wherein the hydrolysis in step a) is an enzymatic hydrolysis performed with an enzyme or enzyme preparation having both proteinase and peptidase activity at a temperature suitable for the enzyme.
- 15 3. A process according to claim 2 wherein the enzyme preparation is from *Aspergillus oryzae* (umamizymeTM) and the hydrolysis is performed at 40°C to 60°C.
4. A process according to claim 1 wherein the hydrolysis is performed chemically by adding a sufficient amount of acid.
- 20 5. A process according to claim 4 wherein the acid is selected from the group consisting of hydrochloric acid, lactic acid, phosphoric acid, and citric acid.
- 25 6. A process according to any one of claims 4 to 5 wherein the hydrolysis temperature is from 50°C to 70°C.
7. A process according to claim 1 wherein the hydrolysis is performed by a combination of an acid and an enzyme or enzyme preparation having both proteinase and peptidase activity at a temperature suitable for the enzyme or enzyme preparation.
- 30 8. A process according to any one of claims 1 to 7 wherein the *Lactobacillus* species is selected from one or more of *L. plantarum*, *L. casei*, *L. brevis* and *L. helveticus*.
9. The salt enhancing ingredient formed by any one of claims 1 to 8.
- 35 10. The salt enhancing ingredient of claim 9 which is concentrated at least 1.5 times by removing water.

11. The salt enhancing ingredient of any one of claims 9 and 10 wherein the salt enhancing ingredient is spray-dried.
12. A flavor composition for food products comprising the salt enhancing ingredient of
5 any one of claims 9 to 11.
13. The flavor composition of claim 12 wherein the concentration of the salt enhancing ingredient of claim 9 is 0.02% to 0.3% (wt/wt) based on a spray-dried 2x concentrate.
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14. A food product comprising the salt enhancing ingredient of any one of claims 9 to 11.
15. The food product of claim 14 wherein the concentration of the salt enhancing
15 ingredient of any one of claims 9 to 11 is 0.002% to 0.03% (wt/wt) based on a spray-dried 2x concentrate.
16. The food product of any one of claims 14 and 15 which is a reduced or low sodium food product.
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17. The food product of claim 16 wherein the sodium chloride concentration is 0.15% (wt/wt) to 3% (wt/wt).
18. The food product of claim 16 wherein the sodium chloride concentration is 0.15%
25 (wt/wt) to 1.5% (wt/wt).
19. The reduced or low sodium food product according to any one of claims 16 to 18 additionally comprising KCl, for example in a concentration of 0.1% to 2% KCl.
- 30 20. A method of providing a food product enhanced in saltiness wherein the salt enhancing ingredient as defined in any one of claims 9 to 11 is admixed to a food product.
21. The method of claim 20 wherein the food product is a reduced or low sodium
35 food product optionally containing KCl, optionally in a concentration of 0.1% to 2% KCl.