Claims

1. A method of growing hair comprising administering a hair growth agent externally to a subject, wherein the hair growth agent comprises D-chiro-inositol, wherein D-chiro-inositol content is 1 to 10 wt% based on a total weight of the hair growth agent, wherein the hair growth agent promotes hair shaft growth or the growth of new hair, and wherein medical practice for humans and animals is excluded.

2. The method according to Claim 1, wherein the hair growth agent increases an elongation rate of a hair shaft.

3. The method according to Claim 1, wherein the hair growth agent increases a maximum length of a hair shaft.

4. The method according to Claim 1, wherein the hair growth agent increases a hair shaft diameter.

5. The method according to Claim 1, wherein the hair growth agent increases a hair count.

6. The method according to Claim 1 or 5, wherein the hair growth agent promotes new hair growth from a pore where new hair growth has been arrested or ability of the pore to grow new hair has decreased.

7. The method according to any one of Claims 1, 5, and 6, wherein the hair growth agent shortens the telogen phase in a hair cycle.

8. The method according to any one of Claims 1, 5, and 6, wherein the hair growth agent resumes an arrested hair cycle.

9. The method according to any one of Claims 1 to 8, wherein the hair growth agent is a solution.

10. The method according to any one of Claims 1 to 9, wherein the hair is human scalp hair.

11. Use of D-chiro-inositol in the manufacture of a hair growth agent for promoting hair shaft growth or for growing new hair, wherein D-chiro-inositol content is 1 to 10 wt% based on a total weight of the hair growth agent, and wherein the hair growth agent is for external use.

12. The use according to Claim 11, wherein the hair growth agent increases an elongation rate of a hair shaft.

13. The use according to Claim 11, wherein the hair growth agent increases a maximum length of a hair shaft.

14. The use according to Claim 11, wherein the hair growth agent increases a hair shaft diameter.

15. The use according to Claim 11, wherein the hair growth agent increases a hair count.

16. The use according to Claim 11 or 15, wherein the hair growth agent promotes new hair growth from a pore where new hair growth has been arrested or ability of the pore to grow new hair has decreased.

17. The use according to any one of Claims 11, 15, and 16, wherein the hair growth agent shortens the telogen phase in a hair cycle.

18. The use according to any one of Claims 11, 15, and 16, wherein the hair growth agent resumes an arrested hair cycle.

19. The use according to any one of Claims 11 to 18, wherein the hair growth agent is a solution.

20. The use according to any one of Claims 11 to 19, wherein the hair growth

agent is to be used for human scalp hair.