

What Is Claimed Is:

1. A method of rapidly relieving the symptoms of depression, comprising administering a combination of bupropion and dextromethorphan once daily or twice daily to a human being in need thereof, wherein the human being experiences a therapeutic effect within 2 weeks of the first day that the combination of bupropion and dextromethorphan is administered.
2. A method of treating depression, comprising administering a combination of bupropion and dextromethorphan once daily or twice daily to a human being in need thereof, wherein the human being is of Asian descent.
3. Use of a combination of bupropion and dextromethorphan in the manufacture of a medicament for rapidly relieving the symptoms of depression, wherein the medicament is administered once daily or twice daily to achieve a therapeutic effect within 2 weeks of the first day that the medicament is administered.
4. Use of a combination of bupropion and dextromethorphan in the manufacture of a medicament for the treatment of a depression, wherein the medicament is administered once daily or twice daily to a human being of Asian descent.
5. The method of claim 1 or 2 or the use of claim 3 or 4, wherein the human being is of Japanese descent.
6. The method of claim 1 or 2 or the use of claim 3 or 4, wherein the human being is of Chinese descent.
7. The method of claim 1 or 2 or the use of claim 3 or 4, wherein the human being is of Korean descent.
8. The method or the use of claim 1, 2, 3, 4, 5, 6, or 7, wherein:
about 105 mg of bupropion hydrochloride, or a molar equivalent amount of: 1) another salt form of bupropion or a 2) free base form of bupropion,
is orally administered once daily or twice daily.
9. The method or the use of claim 1, 2, 3, 4, 5, 6, 7, or 8, wherein:
about 44 mg to about 46 mg of dextromethorphan hydrobromide, or a molar equivalent amount of: 1) another salt form of dextromethorphan or a 2) free base form of dextromethorphan,

is orally administered once daily or twice daily.

10. The method or the use of claim 1, 2, 3, 4, 5, 6, 7, 8, or 9, wherein the human being has previously had an inadequate response to at least one antidepressant therapy.
11. The method or the use of claim 1, 2, 3, 4, 5, 6, 7, 8, 9, or 10, wherein the depression is major depressive disorder.
12. The method or the use of claim 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, or 11, wherein the depression is treatment resistant depression.
13. The method or the use of claim 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, or 12, wherein the combination of bupropion and dextromethorphan is administered once daily or twice daily for at least 30 days.
14. The method or the use of claim 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, or 12, wherein the combination of bupropion and dextromethorphan is administered once daily or twice daily for at least 42 days.
15. The method or the use of claim 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, or 14, wherein administration of the combination of bupropion and dextromethorphan results in the MADRS score reduced by at least 10% as compared with baseline.
16. The method or the use of claim 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, or 14, wherein administration of the combination of bupropion and dextromethorphan results in the MADRS score reduced by at least 10% as compared with placebo.