ABSTRACT

Disclosed by the present application are a discontinuous reception method, a network device and a terminal device, the method comprising: a network device determining a first sequence corresponding to a terminal device according to information of a device group to which the terminal device belongs, the first sequence being used for instructing the terminal device to awaken or sleep within the activation period of a discontinuous reception (DRX) period after the first sequence; the terminal device belongs to a device group from among M device groups, and the first sequence corresponds to the device group to which the terminal device belongs, different device groups from among the M device groups corresponding to different first sequences; the network device sending a DRX instruction signal to the terminal device, the DRX instruction signal comprising the first sequence. The first sequence is related to specific information, such as the device group of the terminal device, and thus terminal devices of different attributes may effectively identify respective first sequences, and awaken or sleep during the DRX period after the first sequence according to the instruction of the first sequence.

FIG. 3