6. The nutritional composition according to claim 1, wherein said fermented milk protein is derived from cheese.

7. The nutritional composition according to claim 6, wherein said cheese is quark.

8. The nutritional composition according to claim 1, wherein the amount of said fermented milk protein in 100ml of the composition is 0.5g to 6g.

9. The nutritional composition according to claim 1, wherein the amount of said isomaltulose in 100ml of the composition is 4g to 15g.

10. The nutritional composition according to claim 1, wherein the amount of oleic acid in the lipid is 30% or more of total fatty acid composition.

11. ~~A growth of tumor inhibiting method, which comprises administering to a patient in need thereof,~~ Use of an effective amount of a nutritional composition comprising: a milk protein hydrolysate and a fermented milk protein as proteins; a oleic acid-containing oil and milk phospholipid and/or soybean lecithin as lipids; and isomaltulose as a carbohydrate for the preparation of a medicament for inhibiting growth of a tumor in a patient.

12. ~~Method~~ The use according to claim 11, wherein the patient is suffering from colon solid tumor.

13. ~~Method~~ The use according to claim 11, wherein the composition is an oral or tube feeding (enteral) nutrient.

14. ~~An tumor treating or reducing method, which comprises administering to a patient in need thereof,~~ Use of an effective amount of a nutritional composition comprising : a milk protein hydrolysate and a fermented milk protein as proteins; a oleic acid-containing oil and milk phospholipid and/or soybean lecithin as lipids; and isomaltulose as a carbohydrate for the preparation of a medicament for the treatment or reduction of a tumor.

15. ~~Method~~ The use according to claim 14, wherein the tumor is colon solid tumor.

16. ~~Method~~ The use according to claim 14, wherein the composition is an oral or tube feeding (enteral) nutrient.