

Abstract

METHOD FOR MANUFACTURING INSTANT NOODLES

An object of the present invention is to provide a method for manufacturing
5 instant noodles, wherein the instant noodles are excellent in the noodle-making property,
texture and salty taste, and sodium is reduced. In the manufacture of the instant noodles,
in order to reduce the amount of salt used for manufacturing noodles, 0.5 to 1.5 g of
potassium lactate is substituted for 1 g of salt to be added to kneading water to manufacture
the noodles, and the instant noodles can be thereby manufactured which are excellent in
10 the noodle-making property, texture and salty taste.
(No Fig.)