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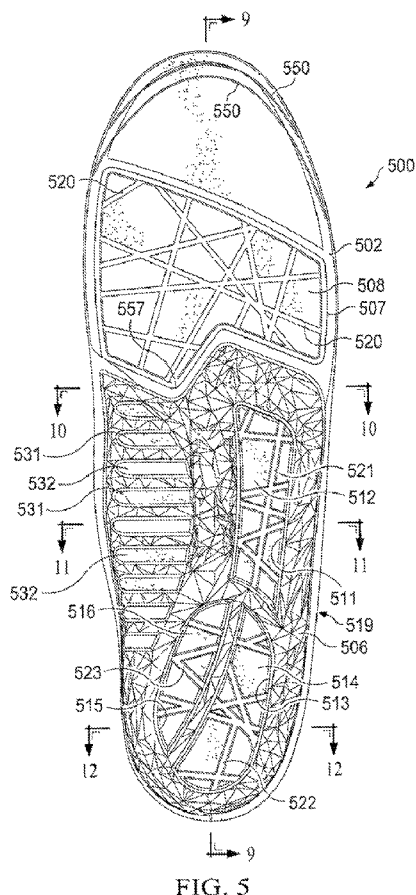
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(54) Title: TRIATHLON INSOLE



(57) Abstract: An insole which provides cushioning and support to a user's foot subjected to ground forces and/or differing weather conditions encountered during active sports, for example triathlons, is herein disclosed. The insole comprises a base having a bottom side which defines recesses adapted to receive pads and pods having particular properties. The location and materials of the various pads and pods work together to provide ankle and foot stabilization, enhanced cushioning features, and resistance to insole movement during shoe operation.



MK, MN, MW, MX, MY, MZ, NA, NG, NI, NO, NZ, OM, PA, PE, PG, PH, PL, PT, QA, RO, RS, RU, RW, SA, SC, SD, SE, SG, SK, SL, SM, ST, SV, SY, TH, TJ, TM, TN, TR, TT, TZ, UA, UG, US, UZ, VC, VN, ZA, ZM, ZW.

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