

COMMUNICATION METHOD, COMMUNICATION APPARATUS, TERMINAL DEVICE, AND NETWORK DEVICE

ABSTRACT

This application relates to a communication method, a communication apparatus, a terminal
5 device, and a network device. The terminal device receives first signaling from the network device,
where the first signaling indicates the terminal device to send a first uplink signal to the network
device on a first uplink carrier, and the first signaling further indicates a first frequency. Further,
the terminal device sets an operating frequency of the terminal device based on the first frequency
after sending the first uplink signal on the first uplink carrier; or the terminal device sets an
10 operating frequency of the terminal device based on the first frequency before an end moment of
a time unit in which the first uplink signal is located. In embodiments of this application, the
network device can learn of the operating frequency of the terminal device, to schedule the
terminal device more properly.

15 Fig. 7