

ABSTRACT

There has been no jelly food containing a high amount of protein and having a neutral pH in the related art. In addition, when producing a jelly containing a high amount of protein and having a neutral pH, there is a problem in that gelation and texture are poor. An object of the present invention is to provide a novel jelly food including a high amount of protein and having a neutral pH. In addition, another object of the present invention is to provide a jelly food containing a mineral, a vitamin, and a dietary fiber in addition to the protein, having a neutral pH, and enabling easy nutritional supplementation. In a jelly food including protein in an amount of 8% by mass or more and having a pH of 5 to 8 at a product temperature of 20°C, the above-described problems are solved by simultaneously adding magnesium.