WHAT IS CLAIMED IS:

1. A method for treating or ameliorating an effect of a solid tumor present in a human comprising administering intratumorally to the human a unit dose of C. novyi colony forming units (CFUs) comprising about 1 x 10^3-1 x 10^7 CFUs suspended in a pharmaceutically acceptable carrier or solution; wherein the unit dose comprises about 1 x 10^4-1 x 10^7 C. novyi NT spores; further comprising administering IV fluids to the human before, during, and/or after each administration of the C. novyi NT spores.

2. A method for treating or ameliorating an effect of a solid tumor present in a human comprising administering intratumorally to the human a unit dose of C. novyi colony forming units (CFUs) comprising about 1 x 10^3-1 x 10^7 CFUs suspended in a pharmaceutically acceptable carrier or solution; further comprising administering IV fluids to the human before, during, and/or after each administration of the C. novyi.