

What is claimed is:

1. An absorbable encapsulated calcium in hypromellose capsule, characterized in that the encapsulated calcium comprises calcium amino acid chelate ~~extracted~~obtained from soya bean extract, aspartate, calcium amino acid chelate which is obtained from chelation of aspartate with calcium hydroxide, collagen, lecithin, soya bean extract, lactose, and calcium carbonate, in the ratio of 4:8:8:10:8:12:10:40 being capsulated into hypromellose capsule capable of being absorbed in vivo at the small intestine beyond the stomach, which maximize human absorption of calcium.
2. The absorbable encapsulated calcium in hypromellose capsule of claim 1, wherein the encapsulated calcium is ~~from~~in the form of a calcium salt.
3. The absorbable encapsulated calcium in hypromellose capsule of claim 2, wherein the calcium salt is ~~selected from the group consisting of calcium carbonate, and calcium acetate.~~
4. The absorbable encapsulated calcium in hypromellose capsule ~~of claim~~ of claim 3, wherein the encapsulated calcium is a water soluble chitosan.
5. ~~A calcium-containing capsule as defined~~The absorbable encapsulated calcium in hypromellose capsule ~~in~~of claim 2, wherein the calcium salt is a salt of an organic carboxylic acid.
6. A process for producing a calcium-containing capsule, wherein the process comprises the steps of preparing hypromellose capsule with delayed release of contents which are encapsulated; preparing calcium amino acid chelate and forming capsulated calcium capsule.
7. The process as set forth in Claim 6, wherein the chelated calcium amino acid is obtained from the extraction of soya bean.