

(12) INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(19) World Intellectual Property
Organization
International Bureau

(43) International Publication Date
01 April 2021 (01.04.2021)



(10) International Publication Number
WO 2021/061000 A1

(51) International Patent Classification:

A23L 33/105 (2016.01) A23L 33/17 (2016.01)
A23L 33/15 (2016.01) A61K 31/315 (2006.01)
A23L 33/16 (2016.01) A61P 27/02 (2006.01)

(21) International Application Number:

PCT/PL2020/050069

(22) International Filing Date:

24 September 2020 (24.09.2020)

(25) Filing Language:

Polish

(26) Publication Language:

English

(30) Priority Data:

P.431268 25 September 2019 (25.09.2019) PL

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(81) Designated States (unless otherwise indicated, for every kind of national protection available): AE, AG, AL, AM, AO, AT, AU, AZ, BA, BB, BG, BH, BN, BR, BW, BY, BZ, CA, CH, CL, CN, CO, CR, CU, CZ, DE, DJ, DK, DM, DO, DZ, EC, EE, EG, ES, FI, GB, GD, GE, GH, GM, GT, HN, HR, HU, ID, IL, IN, IR, IS, IT, JO, JP, KE, KG, KH, KN, KP, KR, KW, KZ, LA, LC, LK, LR, LS, LU, LY, MA, MD, ME, MG, MK, MN, MW, MX, MY, MZ, NA, NG, NI, NO, NZ, OM, PA, PE, PG, PH, PL, PT, QA, RO, RS, RU, RW, SA, SC, SD, SE, SG, SK, SL, ST, SV, SY, TH, TJ, TM, TN, TR, TT, TZ, UA, UG, US, UZ, VC, VN, WS, ZA, ZM, ZW.

(84) Designated States (unless otherwise indicated, for every kind of regional protection available): ARIPO (BW, GH, GM, KE, LR, LS, MW, MZ, NA, RW, SD, SL, ST, SZ, TZ, UG, ZM, ZW), Eurasian (AM, AZ, BY, KG, KZ, RU, TJ, TM), European (AL, AT, BE, BG, CH, CY, CZ, DE, DK, EE, ES, FI, FR, GB, GR, HR, HU, IE, IS, IT, LT, LU, LV, MC, MK, MT, NL, NO, PL, PT, RO, RS, SE, SI, SK, SM, TR), OAPI (BF, BJ, CF, CG, CI, CM, GA, GN, GQ, GW, KM, ML, MR, NE, SN, TD, TG).

Declarations under Rule 4.17:

- as to applicant's entitlement to apply for and be granted a patent (Rule 4.17(ii))
- as to the applicant's entitlement to claim the priority of the earlier application (Rule 4.17(iii))

Published:

- with international search report (Art. 21(3))
- in black and white; the international application as filed contained color or greyscale and is available for download from PATENTSCOPE

(54) Title: COMPOSITION OF A DIETARY SUPPLEMENT AND/OR A NUTRITIONAL ADDITIVE FOR FOOD, A UNITARY DOSAGE FORM OF SAID COMPOSITION, AND THEIR USE FOR IMPROVEMENT OF THE QUALITY OF VISUAL PERFORMANCE INCLUDING CONTRAST SENSITIVITY IN PERSONS IN NEED OF SUCH AN IMPROVEMENT, INCLUDING PERSONS SUFFERING FROM AT LEAST ONE EYE DISEASE, PARTICULARLY VITREOUS FLOATERS

(57) Abstract: The subject-matter of the invention is a composition of a dietary supplement and/or a nutritional additive for food, a unitary dosage form of said composition, and their use for the improvement of the quality of visual performance including contrast sensitivity in persons in need of such an improvement, including persons suffering from at least one eye disease, particularly vitreous floaters. The composition of the dietary supplement and/or of nutritional additive for food according to the invention comprises as active substances L-lysine, vitamin C, zinc, grape extract and bitter orange extract in therapeutically effective quantities, and optionally at least one excipient. In the preferred embodiment of said composition, the percentages of the individual active substances relative to the sum of the percentages of all active substances are about 50% by weight of L-lysine, about 15% by weight of vitamin C, about 2% by weight of zinc, about 10% by weight of the grape extract and about 23% by weight of the bitter orange extract, with all percentages of the individual active substances adding up to 100% by weight of all active substances.



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