ABSTRACT

TABLE TENNIS TRAINING AID AND TRAINING SYSTEM

The disclosure relates to a table tennis training aid and training system comprising the table tennis training aid and one or more automatic table tennis ball serving machine(s) suitable for use by a person to upgrade his skills in playing table tennis. In one aspect of the invention, the table tennis training aid comprises two vertical rods marked with markings and holes are indented in the immediate proximity of each of the markings. One or more strings with hooks at the ends are attached to the holes on the vertical rods. Two stand holders in which the vertical rods are inserted to stand vertically and perpendicularly to the surface of the table tennis table when in use. Two horizontal rods are attached to the vertical rods to provide stability.

Figure 1