CLAIMS

What is claimed is:

1. A luo han guo extract, comprising:

mogroside V;

monosaccharides;

disaccharides; and

proteins,

wherein the extract has less than about 3% mogroside V on a dry weight basis and less than about 20% monosaccharides on a dry weight basis, and

wherein the mogroside V, monosaccharides, disaccharides, and proteins are all naturally occurring in luo han guo.

2. The extract of claim 1, further comprising acids naturally occurring in luo han guo.

3. The extract of claim 2, wherein the extract has a total acid content of less than about 5% on a dry weight basis.

4. The extract of any one of claims 1 to 3, further comprising minerals naturally occurring in luo han guo.

5. The extract of any one of claims 1 to 4, further comprising polysaccharides naturally occurring in luo han guo.

6. The extract of any one of claims 1 to 5, further comprising other terpene glycosides naturally occurring in luo han guo.

7. The extract of any one of claims 1 to 6, wherein the extract has a total amount of proteins of at least about 10% on a dry weight basis.

8. The extract of any one of claims 1 to 7, wherein the monosaccharides and the disaccharides are present in the extract in a weight ratio of less than 0.5:1.

9. The extract of any one of claims 1 to 8, wherein all components of the extract are naturally occurring in luo han guo.