Claims

1. Composition comprising
   a) at least 98.00 wt.-% of a sialic acid in amorphous form;
   b) at most 1.00 wt.-% organic solvent; and
   c) at most 1.00 wt.-% salts different to a salt form of the sialic acid.
2. Composition according to claim 1, characterized in that the composition comprises
   a) 98.50 to 100 wt.-% of the sialic acid, preferably 99.00 to 100.00 wt.-% of the sialic acid, more preferably 99.50 to 100.00 wt.-% of the sialic acid, optionally 99.70 to 99.90 wt.-% of the sialic acid; and/or
   b) 0.00 to 1.00 wt.-% organic solvent, preferably 0.00 to 0.50 wt.-% organic solvent, more preferably 0.00 to 0.40 wt.-% organic solvent, optionally 0.10 to 0.200 wt.-% organic solvent; and/or
   c) 0.00 to 1.00 wt.-% salts different to a salt form of the sialic acid, preferably 0.00 to 0.50 wt.-% salts different to a salt form of the sialic acid, more preferably 0.00 to 0.40 wt.-% salts different to a salt form of the sialic acid, optionally 0.10 to 0.20 wt.-% salts different to a salt form of the sialic acid.
3. Composition according to one of claims 1 or 2, characterized in that the sialic acid is present in granulate form, preferably in spray-dried form.
4. Pharmaceutical composition, preferably a pharmaceutical composition for use in preventing or treating at least one of a viral infection, a bacterial infection, a memory loss and dysbiosis, comprising a composition according to one of claims 1 to 3 and optionally comprising at least one sugar different to a sialic acid and/or at least one probiotic bacterial strain, wherein the at least one sugar is preferably at least one sugar selected from the group consisting of lactose, lactulose, inulin and sucrose.
5. Use of the composition according to one of claims 1 to 3 in the manufacture of a food composition and/or pharmaceutical composition.