Ambroxol for the treatment of painful conditions in the mouth and pharyngeal cavity.

The invention relates to the use of ambroxol and the pharmacologically acceptable salts thereof for preparing a pharmaceutical composition for the treatment of painful conditions in the oral and pharyngeal cavity.

Background to the invention

Painkillers for relieving pain in the oral and pharyngeal cavity often have the drawback of side effects, e.g. in the form of local irritations.

The active substance ambroxol (trans-4-(2-amino-3,5-dibromobenzylamino)-cyclohexanol) is a known expectorant and mucolytic. It is used in oral preparations such as syrups, capsules, tablets, inhalable solutions, drops or suckable pastilles.

There is therefore a need to prepare a well-tolerated active substance for the treatment of pain in the oral and pharyngeal cavities.

Description of the invention

Surprisingly, it has been found that, when administered locally in suitable doses or concentrations, ambroxol can have a very good pain-relieving effect in the oral and pharyngeal cavity in addition to being very well tolerated.

The invention therefore relates to the use of ambroxol or one of the pharmacologically acceptable salts thereof for preparing a pharmaceutical composition with a pain-relieving effect lasting for a period of at least 3 hours after administration, for the treatment of pain in the oral and/or pharyngeal cavity, selected from among acute sore throat, aphthae, gingivitis, parodontopathies, pressure points caused by prostheses, pain after oro-pharyngeal interventions, lesions on the mucous membrane in the oral and pharyngeal cavity and herpes simplex in the oral and pharyngeal cavity, particularly aphthae, gingivitis, parodontopathies, pressure

points caused by prostheses, pain after oro-pharyngeal interventions, lesions on the mucous membrane in the oral and pharyngeal cavity and herpes simplex in the oral and pharyngeal cavity, most particularly for the treatment of acute sore throats. By acute sore throats are meant severe sore throats, for example inflamed throats with difficulty swallowing or with burning in the throat.

Disclosed herein is pharmaceutical composition containing ambroxol or one of the pharmacologically acceptable salts thereof and one or more active substances selected from among the antiseptics, vitamins, corticoids, antiinflammatories, virostatics, antibiotics, antimycotics and proteolytic enzymes.
Suitable antiseptics are for example cetylpyridinium-Cl, dequalinium-Cl, chlorhexidine-digluconate, benzalkonium-Cl or ethacridine-lactate.
Suitable vitamins are for example dexpanthenol (pantothenic acid) or ascorbic acid.
Suitable corticoids are for example triamcinolone or prednisolone-acetate.
Suitable antiinflammatories are for example benzydamine-Cl or choline salicylate.
Suitable virostatics are for example acyclovir or idoxuridine.
Suitable antibiotics are for example thyrotricin or bacitracin.
Suitable antimycotics are for example amphotericin B or nystatin.
An example of a suitable proteolytic enzyme is lysozyme.
Suitable ethereal oils are for example peppermint oil, thyme or sage oils.

Also disclosed herein a pharmaceutical composition containing ambroxol or one of the pharmacologically acceptable salts thereof and one or more active substances, selected from the group consisting of lysozyme hydrochloride, dipotassium glycyrrhizinate, ammonium glycyrrhizinate, cetylpyridinium chloride, chlorpheniramine maleate, noscapine, dequalinium chloride, dextromethorphan, phenolphthalinate, potassium guaiacolsulphonate, dl-methylephedrine hydrochloride, chlorhexidine hydrochloride, and potassium cresolsulphonate.

Ambroxol is a metabolite of the secretolytic bromhexine. The two active substances represent a very well tolerated combination of active substances which can positively influence the dual effect of ambroxol.

Disclosed herein is a pharmaceutical composition consisting of ambroxol, bromhexine or the pharmacologically acceptable salts thereof and pharmaceutical excipients, preferably with a ratio of ambroxol to bromhexine in the range from 4:1 to 6:1, more preferably 5:1.

A particularly preferred pharmaceutical composition is one wherein the single dose contains 15 to 50 mg of ambroxol, preferably 20 mg of ambroxol.

Further disclosed herein is a solid, suckable or slowly dissolving form of a pharmaceutical composition containing ambroxol and one or more active substances selected from among the antiseptics, vitamins, corticoids, antiinflammatories, antibiotics, antimycotics and proteolytic enzymes.

Also disclosed herein is the use of a pharmaceutical composition as described above for preparing a medicament for the treatment of pain in the oral and/or pharyngeal cavity, selected from among acute sore throat, aphthae, gingivitis, parodontopathies, pressure points caused by prostheses, pain after oro-pharyngeal interventions, lesions on the mucous membrane in the oral and pharyngeal cavity and herpes simplex in the oral and pharyngeal cavity, most preferably for treating acute sore throats.

The invention further relates to the use of a pharmaceutical composition consisting of ambroxol hydrochloride, a flavouring, a lubricant, a matrix material, a sweetening agent and a polyethyleneglycol for preparing a pharmaceutical composition for the treatment of pain in the oral and/or pharyngeal cavity, selected from among acute sore throat, aphthae, gingivitis, parodontopathies, pressure points caused by prostheses, pain after oro-pharyngeal interventions, lesions on the mucous membrane in the oral and pharyngeal cavity and herpes simplex in the oral and pharyngeal cavity, most preferably for treating acute sore throats.

Suitable flavourings may be, for example, peppermint, eucalyptus or lemon, preferably peppermint flavouring.
Suitable matrix materials may be, for example, calcium carbonate, calcium phosphate or sorbitol, preferably sorbitol.
Suitable sweetening agents may be, for example, saccharin, saccharin sodium, cyclamate, glycerol or sugar, preferably saccharin sodium.
Suitable tablet lubricants may be, for example, polyethyleneglycols, preferably Macrogol 6000.
Suitable lubricants may be for example talcum or magnesium stearate, preferably talc.

Disclosed herein is the use of a suckable tablet containing ambroxol based on sugar alcohols as the matrix material, characterised in that it contains a pharmaceutically acceptable layered silicate and a polyethyleneglycol, optionally together with other pharmaceutical excipients, taste or flavouring agents to prepare a pharmaceutical composition for treating pain in the oral and/or pharyngeal cavity, selected from among acute sore throat, aphthae, gingivitis, parodontopathies, pressure points caused by prostheses, pain after oro-pharyngeal interventions, lesions on the mucous membrane in the oral and pharyngeal cavity and herpes simplex in the oral and pharyngeal cavity, most preferably for the treatment of acute sore throats.

Also disclosed herein is the use of ambroxol for preparing a pharmaceutical composition with a pain-relieving effect lasting for a period of at least 3 hours, preferably more than 3 hours, after administration.

Further disclosed herein is the use of a pharmaceutical composition containing ambroxol for preparing a pharmaceutical composition with a pain-relieving effect lasting for a period of at least 3 hours, preferably more than 3 hours, after administration.

The pharmaceutical composition is preferably administered 1 to 6 times, preferably 2 to 4 times a day.

Acids suitable for forming salts of ambroxol include for example hydrochloric acid, hydrobromic acid, sulphuric acid, phosphoric acid, nitric acid, oxalic acid, malonic acid, fumaric acid, maleic acid, tartaric acid, citric acid, ascorbic acid and methanesulphonic acid, preferably hydrochloric acid.

The activity of ambroxol is intended to be illustrated by the following examples of clinical trials which investigate the effectiveness of different strengths of suckable tablets containing ambroxol. These are intended solely to illustrate the invention and are not to be regarded as limiting.

Example 1

Investigation of the activity and tolerance of suckable tablets containing 20 mg of ambroxol hydrochloride (trans-4-[(2-amino-3,5-dibromo benzyl)amino]cyclohexano hydrochloride, CAS Reg. No. 18683-91-5) compared with a placebo in treating acute sore throats

A multi-centred, prospective, placebo-controlled, randomised double-blind trial was carried out over two days' treatment with up to 6 suckable tablets containing ambroxol hydrochloride per day.

Patients: 218 patients (97 men, 121 women) with an average age of 39,4 ± 15 years (range from 17-81 years) were recruited; of these 215 patients were treated: 107 with 20 mg of ambroxol and 108 with placebo. 26 patients stopped the treatment early (13 in each treatment group). The intent-to-treat (ITT) population consisted of 208 patients (105 treated with ambroxol and 103 given the placebo); 196 patients formed the per-protocol (PP) population (97 with test substance and 99 with placebo). For the drug safety analysis, all the patients treated were studied.

Treatments: Double-blind treatment with up to 6 suckable tablets per day, which either contained 20 mg of ambroxol or constituted a placebo (suckable tablet without the active substance, but with a marked flavour of peppermint similar to the test substance)

End points: the average pain reduction, weighted for time, during the first 3 hours after administration of the first suckable tablet, standardised to the degree of initial

pain ($SPID_{norm}$); moreover, the assessment of effectiveness and tolerance by the patient at the end of each day of treatment

Results: In both treatment groups there was a reduction in the intensity of pain; the average $SPID_{norm}$ (± SD) after the first suckable tablet was 0.39 ± 0.27 for 20 mg ambroxol hydrochloride and 0.28 ± 0.25 for placebo.

The superiority of the ambroxol over the placebo was apparent from a statistically significant treatment effect (p=0.0029; - 95% confidence interval for the average difference between the ambroxol treatment groups minus placebo: 0.04 to 0.18). At the end of each successive day of ambulant treatment with up to 6 suckable tablets a statistically significantly larger number of patients reported a higher degree of effectiveness for the active treatment with ambroxol hydrochloride than for the administration of the placebo. The test substance was found to be tolerated just as well as the placebo.

Conclusion: The administration of suckable tablets containing 20 mg of ambroxol hydrochloride to patients with acute sore throat has an effective pain-relieving effect which is superior to the inherently beneficial effect of sucking a placebo.

Figure 1 shows the course, over time, of the average change in pain intensity (PID) for the period before taking the tablet (base line) up to 3 hours after taking the first suckable tablet containing 20 mg of ambroxol hydrochloride and placebo.

Example 2

Investigation of the activity and tolerance of suckable tablets containing 20 or 30 mg of ambroxol hydrochloride (trans-4-[(2-amino-3,5-dibromo-benzyl)amino]cyclohexano hydrochloride, CAS Reg. No. 18683-91-5) compared with a placebo in treating acute sore throats

A multi-centred, prospective, placebo-controlled, randomised double-blind trial was carried out over three days' treatment with up to 6 suckable tablets containing ambroxol hydrochloride per day.

Patients: 331 ambulant patients with acute uncomplicated sore throats of at least moderate severity but with no bacterial pharyngitis were investigated.

Treatments: Double-blind treatment with up to 6 suckable tablets per day containing either 20 mg or 30 mg of ambroxol hydrochloride or constituting a placebo (suckable

tablet without the active substance, but again with a marked flavour of peppermint similar to the test substance)

End points: the average pain reduction, weighted for time, during the first 3 hours after administration of the first suckable tablet, standardised to the degree of initial pain ($SPID_{norm}$); moreover, the assessment of effectiveness and tolerance by the patient at the end of each day of treatment

Results: All the treatments led to a reduction in the intensity of pain; the average $SPID_{norm}$ (± SD) after the first suckable tablet was taken was 0.53 ± 0.28 or 0.50 ± 0.30 for 20 mg and 30 mg ambroxol hydrochloride, respectively, and 0.38 ± 0.28 for placebo. The effect of the treatment was statistically significant. The superiority of the active treatments over the placebo could be clearly demonstrated (95% confidence interval (CI) for the average differences between the groups treated with suckable tablets containing 20 or 30 mg of ambroxol minus placebo: 0.08 to 0.23 or 0.05 to 0.20). At the end of each successive day of ambulant treatment with up to 6 suckable tablets per day a statistically significantly larger number of patients reported a higher degree of effectiveness for the active treatments with ambroxol hydrochloride than for the administration of the placebo. The test substance was found to be tolerated just as well as the placebo in all dosages.

Conclusion: The administration of suckable tablets containing 20 or 30 mg of ambroxol hydrochloride to patients with acute sore throat has a markedly effective pain-relieving effect which is superior to the inherently beneficial effect of sucking a placebo. Both doses were tolerated equally well.

Figure 2 shows the course, over time, of the average change in pain intensity (PID) for the period before taking the tablet (base line) up to 3 hours after taking the first suckable tablet containing 20 mg or 30 mg of ambroxol hydrochloride and placebo.

Ambroxol may be used on its own or combined with other pharmacologically active substances. It may be applied in any of the preparation forms which are suitable for local use. Preparations suitable for sucking or dissolving slowly in the mouth include, for example, tablets or sweets based on sugar or sugar substitutes or pastille-like products with a gum arabic or gelatine base.

Examples of semisolid preparations for application to the oral mucosa include gels, for example, especially gels based on cellulose or acrylate.
Suitable solutions for spraying, gargling and rinsing include aqueous preparations, advantageously with the addition of viscosity-increasing substances such as modified celluloses, acrylic acid derivatives or polyvinyl compounds.
In addition, the semisolid and liquid forms in particular may contain sweetening agents and moisture retainers such as glycols and sugar alcohols, for example.
All the forms are flavoured in the conventional way, e.g. by the addition of ethereal oils.

The preparations may be produced by methods known in pharmacy.

The following examples of pharmaceutical formulations illustrate the present invention without restricting its scope:

Example 1)

Suckable pastille	per pastille	
ambroxol hydrochloride	20.0	mg
peppermint flavouring	16.0	mg
sorbitol	1373.5	mg
saccharin sodium	0.5	mg
Macrogol 6000	30	mg
talc	60	mg

Example 2)

Suckable pastille	per tablet
Ambroxol hydrochloride	20.0 mg
Lysozyme hydrochloride	5.0 mg
Dipotassium glycyrrhizinate	2.5 mg
Cetylpyridinium Chloride	1.0 mg
Chlorpheniramine Maleate	1.0 mg
Xylitol	920.5 mg
D-Mannitol	9.5 mg
Polyvinylpyrrolidone	21.0 mg
Stearic acid	10.0 mg
Peppermint oil	6.0 mg
light anhydrous silicic acid	1.0 mg
talc	1.0 mg
magnesium stearate	1.5 mg

Example 3)

Suckable pastille	per tablet
Ambroxol hydrochloride	20.0 mg
Noscapine	5.0 mg
Dequalinium Chloride	0.125 mg
Sucrose (purified)	908.675 mg
l-Menthol	1.0 mg
Peppermint oil	0.6 mg
Lemon flavour	3.6 mg
Corn starch	30.0 mg
Polyvinylpyrrolidone	21.0 mg
Magnesium Stearate	10.0 mg

Example 4)

Suckable pastille	per tablet	
Ambroxol hydrochloride	20.0	mg
Dextromethorphan phenolphthalinate	10.0	mg
Potassium guaiacolsulphonate	23.3	mg
Cetylpyridinium Chloride	1.0	mg
Sucrose (purified)	869.7	mg
Peppermint flavour	16.0	mg
Corn starch	30.0	mg
Polyvinylpyrrolidone	20.0	mg
Magnesium Stearate	10.0	mg

Example 5)

Suckable pastille	per tablet	
Ambroxol hydrochloride	20.0	mg
dl-Methylephedrine Hydrochloride	6.25	mg
Chlorhexidine Hydrochloride	5.0	mg
Lactose	905.25	mg
Low-substituted Hydroxypropylcellulose	25.0	mg
Hydroxypropylcellulose	20.0	mg
Peppermint flavour	16.0	mg
Magnesium Stearate	2.5	mg

Example 6)

Suckable pastille	per tablet	
Ambroxol hydrochloride	20.0	mg
Ammonium glycyrrhizate	1.67	mg
Potassium Cresolsulphonate	30.0	mg
Lactose	884.83	mg
Low-substituted Hydroxypropylcellulose	25.0	mg
Hydroxypropylcellulose	20.0	mg
Peppermint flavour	16.0	mg
Magnesium Stearate	2.5	mg

Patent Claims

1. Use of a pharmaceutical composition consisting of ambroxol hydrochloride, a flavouring, a lubricant, a matrix material, a sweetening agent and a polyethyleneglycol for preparing a medicament for the treatment of pain in the oral and/or pharyngeal cavity, selected from among acute sore throat, aphthae, gingivitis, parodontopathies, pressure points caused by prostheses, pain after oro-pharyngeal interventions, lesions on the mucous membrane in the oral and pharyngeal cavity and herpes simplex in the oral and pharyngeal cavity.

2. Use of ambroxol or one of the pharmacologically acceptable salts thereof for preparing a pharmaceutical composition with a pain-relieving effect lasting for a period of at least 3 hours after administration, for the treatment of pain the oral and/or pharyngeal cavity, selected from among acute sore throat, aphthae, gingivitis, parodontopathies, pressure points caused by prostheses, pain after oro-pharyngeal interventions, lesions on the mucous membrane in the oral and pharyngeal cavity and herpes simplex in the oral and pharyngeal cavity.