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Abstract:

This invention relates to an herb composition which comprises an amount of 30 to 45 % by weight of one or more herbs for invigorating of blood circulation, an amount of 55 to 70% by weight of one or more herbs for excreting toxin from human body, and an amount of 0.5 to 4% by weight of one or more substances for keratin malacoma, all of which are based on the total weight of the composition, wherein the herb for invigorating of blood circulation is selected from the group consisting of Prunnus persica, south apricot kernel, white pepper (Piper migrum), glutinous rice (Oryza sativa) and white astragalus (Common Bletillah Tuber); the herb for excreting toxin from human body is selected from the group consisting of Cassiope stelleriana, west carthamus (Crocus sativus), Lonicera japonica, rhubarb (Rheum officinale), Bezoar bovis, Liquorice powder (Glycyrrhiza uralensis), Salvia multiorrhiza, ligusticum (Cnidium officinale), Momordica cochinchinensis, achyranthes (Achyrathes bidentata) and astragalus (Astragalus hiroshimanus); and the substance for keratin malacoma is selected from the group consisting of vinegar, acetate salt, Szechwan notoginseng and Rehmannia glufinosa. This invention also relates to a paste containing the present herb composition which is produced by mixing the herb composition with vinegar, water or wine and optionally a binder. The paste is useful for reestablishing of vital energy, invigorating of blood circulation and elimination of blood stasis and for cold remedy by applying the paste on the sole of the human's foot.

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