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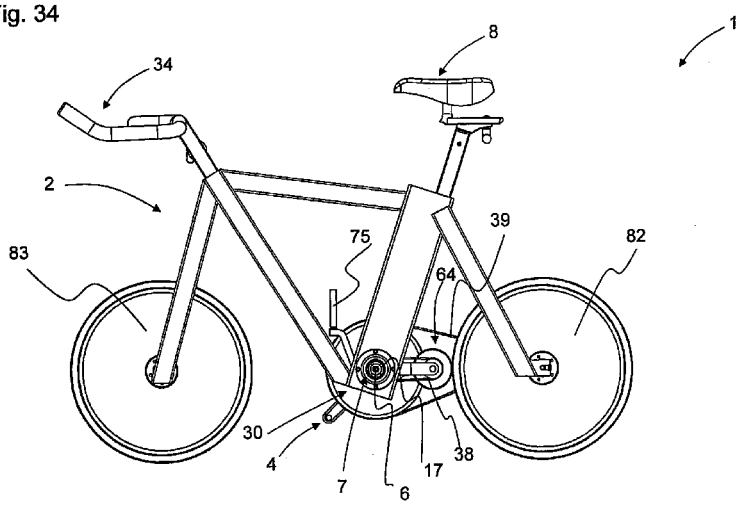
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(54) Title: TRAINING SYSTEM COMPRISING A CYCLING DEVICE

Fig. 34



(57) Abstract: A training system for training a body part of a user, comprising a frame for in use positioning the training system on a surface, a cycling device comprising at least one cycling member which is configured to rotate around a cycle axis, a vibration device for moving the at least one cycling member in a vibrating manner and also a method and use of the training system.

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