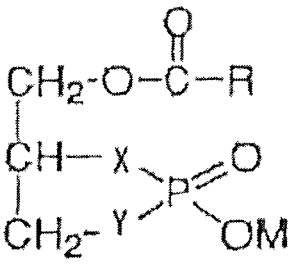
Claims:

1. A cosmetic method of promoting hair growth using a compound represented by Formula (1):



(1)

wherein –C(=O)-R represents stearoyl, oleoyl, linoleoyl, linolenoyl, palmitoyl or a fatty acid mixture comprising 2 or more such fatty acids; X and Y each represent an oxygen atom; and M represents a hydrogen atom or an alkali metal atom.

2. The cosmetic method of claim 1, wherein the compound represented by Formula (I) has an acyl group comprising fatty acid derived from soybean lecithin.