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(54) Title: A PROCESS FOR THE PREPARATION OF SOY BASED LOW-FAT AND HIGH PROTEIN SNACK

(57) Abstract: The present invention relates to a soy based ready-to-eat low-fat high protein snack food and a process thereof, said process comprising d ready-to-eat low-fat, high protein snack by blending in a ribbon blend, full fat soy flour (5-20 %) bengal gram flour (24-40 %) rice flour (18-20 %), chilli powder (0.5-0.7 %), salt (1.8-1.9 %), ajwain (0.5-0.7 %), baking powder (0.25-0.35 %) to obtain a dry mix, which, in turn, is mixed with water (25-30 %) in Hobart mixer to form a dough which is extruded into desired shape and thickness and baked for 15-60 minutes at a temperature range of 165-190 °C to finally obtain a product having protein content (24-25 %), fat (10-11.5 %).



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