

[ABSTRACT]

Provided is a variant strain of the genus *Yarrowia*. More specifically, provided are a variant strain of the genus *Yarrowia*, in which activity of phosphatidylethanolamine *N*-methyltransferase (PEMT) or phospholipid methyltransferase is inactivated, and a method of increasing a fat in the strain, including culturing the strain, or a method of preparing a fat.