Claims

1. A combination of a plate provided with at least one aperture and a fastening arrangement comprising:

a threaded fastener including a head, a shank and a laterally expandable member;

a bridging member provided on the shank of the fastener, the bridging member having an outer dimension that is larger than a dimension of the at least one aperture of the plate so as to engage with material of the plate around the at least one aperture ~~therein~~ of the plate and an aperture through which the shank passes, the aperture in the bridging member through which the shank passes having a dimension greater than the dimension of the shank but less than the dimension of the head, and ~~an~~ the outer dimension of the bridging member being greater than a dimension of the laterally expandable member in a first configuration but less than the dimension of the laterally expandable member in a second configuration; and

a tubular member mounted on the shank of the threaded member between the head and the laterally expandable member, ~~characterised in that~~wherein the tubular member is provided internally thereof with a hollow cylinder of insulating material.

2. A combination as claimed in claim 1, wherein the laterally expandable member comprises a toggle member.

3. A combination as claimed in claim 1 or 2, wherein the bridging member is frustoconical.

4. A combination as claimed in claim 1 or 2, wherein the bridging member is of top-hat configuration.

5. A combination as claimed in any preceding claim, wherein a seal is provided between the head of the threaded fastener and the bridging member.

6. A combination as claimed in any preceding claim, wherein the aperture in the plate has a smaller dimension than the outer dimension of the bridging member.