

[ABSTRACT]

The purpose of the present invention is to provide: an oil-in-water-type emulsion that has emulsion stability for storage at room temperature such as 20-40°C and that can be foamed, after storage at room temperature, at refrigeration temperature to room
5 temperature such as 3-30°C; and a method for manufacturing the foamed oil-in-water-type emulsion. A foamable oil-in-water emulsion containing a fat, an emulsifier, a saccharide, and water, wherein the foamable oil-in-water emulsion is compounded with a specific amount of a lipophilic emulsifier in which the main constituent fatty acid residue is a C20-24 saturated fatty acid and/or a specific amount of
10 a fat in which C20-24 saturated fatty acids represent 10-75 wt% of all constituent fatty acids in a laurin-based fat having a rising melting point of 35-42°C, and a foamable oil-in-water emulsion having an excellent room-temperature emulsion stability and room-temperature foaming performance is obtained.